

SACK SUNDAY



**BENEFITING THE HIGHLAND FOOD PANTRY AT 701 WALNUT
SUNDAY, NOVEMBER 9**

GROCERY LIST

CANNED MEATS	Chicken, Tuna, Salmon, Beef, Turkey, Pork (No Spam)
CANNED/DRY BEANS	Pinto beans, Black-eyed peas, Vegetarian, Navy, Lima, Black beans, Pork & beans, Re-fried beans, Red beans
CANNED VEGETABLES	Spinach, Corn, Peas, Carrots, Green beans, Potatoes, Turnip greens, Mixed vegetables, Diced/stewed tomatoes
CANNED FRUIT/JUICES	Peaches, Pears, Mixed fruit, Plums, Pumpkin, Cherries, Mandarin oranges, Apples, Applesauce, Orange and grape juice
CANNED SOUPS/STEWES	Tomato, Chicken & rice, Chicken & Beef broth, Chicken noodle, Beef stew (We prefer no ramen noodles)
CONDIMENTS	Mayonnaise, Mustard, Ketchup, Relish, Salad dressings, Bbq sauce, Olives, Pickles, Vegetable oil, Shortening, Olive oil
PASTA & SAUCES	Any type of pasta such as Vermicelli, Rice, Mac & cheese, Boxed dinners, Various flavors of spaghetti sauce, pizza and tomato sauce
MISCELL ANEOUS	Peanut butter, Any type of jelly or jam, Any type of boxed cereal (prefer non-sweetened), Crackers, Hot cereal
PERSONAL CARE	Diapers, Shampoo, Toothpaste, Feminine products, Deodorant, Toilet paper, Can openers, Ziploc bags (freezer/quart), Paper towels, Reusable grocery bags
THANKSGIVING ITEMS	Boxed cornbread stu ng, Instant mashed potatoes, Mac & cheese, Brown sugar, Cake mixes, Jell-o, Apple, Cherry, Pumpkin pie filling, Chicken and Beef broth, Poultry seasoning, Any type of spices such as Sage, Pumpkin spice

REMINDERS

SMALLER SIZES ARE BEST. Bulk items are bagged into smaller portion sizes.

MONETARY DONATIONS allow us to purchase items using our tax-exempt status at a much lower price through the West Central Texas Food Bank as well as purchase non-grocery and bulk food items. Baskets will be located at the front of the auditorium for monetary donations or text 73256 with the keyword HCOC PANTRY \$_____.

RETURN ALL FILLED GROCERY BAGS and/or monetary donations on Sunday, Nov 9 during worship time.

VOLUNTEER OPPORTUNITIES: We need your help! Email becky@highlandchurch.org to volunteer.

QUESTIONS? Go to highlandchurch.org/events and click “Sack Sunday” for more info.



**Scan to give online (select Fund
CMA, memo SACK SUNDAY):**

