

SERMON NOTES: SEPTEMBER 27, 2026

Thirsting for Grace | Exodus 17:1-7 NLT | Heather Brannock

1. What are some “Rephidim moments” you have experienced—times when you felt uncertain, depleted, or unsure where God was?
2. The Israelites asked, “Is the Lord among us or not?” Why do you think difficult circumstances can make us question God’s presence?
3. Can you think of a time when you recognized God’s provision only after looking back on a difficult situation?
4. What does it mean to you that God cares about both our physical needs and our spiritual needs?
5. 2 Corinthians 9:8 connects God’s provision with our ability to “share abundantly in every good work.” What might God have already provided in your life that could be used to meet someone else’s need?
6. Who might be “thirsty” in your life right now—not necessarily physically, but emotionally, spiritually, or relationally?
7. What are some ordinary things God could use through us to bring encouragement or help to another person?
8. Have you ever experienced another person as an answer to prayer or as a means of God’s provision? What did that look like?
9. How does seeing Christ as the “spiritual rock” deepen your understanding of the Exodus story?
10. If you encountered your own Massah and Meribah—a difficult place where you questioned God—what would you want to remember about God’s faithfulness?

