



re|engage

Frequently Asked Questions

What is re|engage?

Re|engage is an 18-week marriage enrichment program. Marriages in any condition can benefit, whether a couple is struggling to get along, their marriage is broken, or they simply want to grow closer together. Re|engage examines God's design for marriage and applies principles from the Bible to guide couples towards growth in their relationship with each other.

Couples can expect to:

- receive encouragement by hearing stories from others who have experienced victory in the midst of hard times.
- be placed in a small group with a facilitator couple and other couples to work through a 16-lesson curriculum (book).

What is the origin of re|engage?

The program was launched at Watermark Community Church in Dallas, TX in September 2008 and has since expanded to other churches nationwide, including Grace Fellowship Church in Johnson City and now here at First Christian Church, Greeneville.

When and where does re|engage meet?

We meet on Monday nights from 6:30–8:30p at First Christian Church (1130 Temple Street, Greeneville).

When is re|engage offered?

Re|engage is offered twice a year. It is available in the fall (August–December) and in the spring (January–May). Check the Marriage Ministry card at fccgreeneville.info for specific dates.

What does a typical re|engage night look like?

Re|engage meets once a week for approximately two hours:

- 6:30–6:50p: Worship
 - We begin with about 20 minutes of worship in order to focus our thoughts after a Monday of work, kids, stress, etc. This is a deliberate and intentionally important time to decompress from our day and to prepare us for the rest of the evening. We will worship with a combined group that is here for two programs: *re:generation recovery* and re|engage.
- 6:50–7:20p: Large Group
 - After a combined worship time, we will separate from *re:generation recovery* into a re|engage Large Group. During the Large Group time, we will receive encouragement by hearing testimonies from other couples who have experienced victory in the midst of difficulty, or by having a teaching video on a particular topic relevant to marriage.

- 7:20–8:30p: Small Group
 - Weeks 1 & 2: Open Group—this is only for the first two weeks. Each week will feature a couple testimony, followed by discussion. Open Groups are a great place to begin working on your marriage.
 - Weeks 3–18: Closed Small Groups start after the first two weeks of Open Group. Each Closed Small Group consists of 4-5 couples and a facilitator couple who will walk through the 16-lesson re|engage curriculum (book) together. Once formed, no new couples are added to that group.
 - Week 19: Optional Celebration Night (a chance to celebrate with food and share stories of change and growth)

Does re|engage work?

Thousands of couples have benefited greatly from re|engage. Real change, however, requires more than just applying a few tips for a quick fix. For those who fall into the category of needing complete resurrection in their marriage, healing will not occur overnight. For those who simply want to improve their marriages, growth and change will occur over time, as well. No matter how long you have been married, there will always be some level of struggle this side of eternity. But through our relationship with Christ, and in learning the principles He gave us in Scripture within the context of community, we can find true freedom in our individual lives and therefore in our marriages. The focus of re|engage is on heart transformation, individually and as a couple, which we believe will lead to greater oneness in marriage.

Is there any cost for re|engage?

There is a cost of \$10 for the book, which you will receive during the second week of Open Group. Each person needs their own book (two per couple).

What is the book like?

The book has 16 short chapters. The first eight chapters deal with character/heart issues, and the last eight chapters focus on practical steps to improve your marriage. There are 5-6 questions to be answered at the conclusion of each chapter. Each person will answer the questions individually on their own and then discuss their answers with their spouse during the week.

Will I be asked a lot of personal questions at re|engage?

Personal sharing is not required during the large group testimony and teaching time, or during weeks 1 & 2 in the Open Group. Beginning in week 3, however, we encourage you to be an active participant as the group discusses the chapter, but any personal sharing is voluntary. We have found that re|engage works best in a small group because encouragement and accountability come from knowing that other couples are working through the same truths and are having the same conversations.

How do I know that what I share at re|engage will be kept confidential? Will it be a safe place to share?

The Bible calls us to refrain from gossip and so we ask all participants to ensure that what is discussed in the small group stays in the small group. Re|engage facilitators operate under the direction of God's Word in handling the information shared in the group. In order to provide a safe environment, the facilitators have committed to not

share details of information discussed in the group except as needed to prevent physical, emotional, or spiritual injury. These cases will be dealt with under the guidance of re|engage leadership.

Can I be honest with people about what is going on in our marriage?

Our prayer is that you will feel safe to share within your small group. We find that the more authentic and transparent couples can be with others, the more they find hope and healing within their marriage.

Is re|engage marriage counseling?

Re|engage is not marriage counseling and the leaders are facilitators, not counselors. They are also growing in their own marriages. Everyone in the group is on the journey toward oneness in marriage. We believe that openness and honesty in a small group setting, using Biblically-based curriculum, is where God works to grow and resurrect marriages.

Do you provide child care?

Yes, we do provide childcare at no cost. Please indicate the number and ages of your children at the time of registration.

Can I just come and visit or do I have to commit to something?

During the first two nights of Open Group, there is no commitment required. These two nights are a great place for you to hear more about the heart and history behind re|engage and give you a chance to ask any questions that you might have. You will also benefit from the large group worship, video, and couple testimonies on these nights.

What commitment do I have to make?

Once you join a closed group (week 3), working through the re|engage curriculum will require a 16-week commitment. This is the time in which the Closed Small Group is working through the curriculum together.

How much time each week outside of the meeting is required to be part of re|engage?

Completion of the curriculum will take approximately 30 minutes each week. The time required will vary for each couple, but it is designed for minimal time commitment.

I don't know if I'll have a marriage by the end of the month. Is re|engage a good place for us?

Absolutely! There are many couples who have attended, or are attending, who are separated or divorced. While the outcome is based on the work each individual is willing to do to save their marriage, the platform provides a safe place to focus on what a healthy marriage should look like, and it provides some tools to help grow toward this goal.

We don't like spending time with each other anymore. Will we have to interact together?

Since you will be in a small group together, each of you will be sharing about what you learn personally each week. There are also some exercises that require you to interact with each other during the week.

I have no hope anymore. Is this a place where we can find hope?

Our prayer is that you will find hope that can come through allowing God to do a mighty work within your marriage. We firmly believe that submission to the Holy Spirit and His Word, within the context of Christian community, will bring healing to your marriage.

My marriage is doing well. Can we benefit by attending re|engage?

Whether your marriage needs to be reignited or is in need of a complete resurrection, re|engage is a safe place for couples to reconnect and grow in their oneness with each other.

We have only been married for six months. Can we still come?

Yes! In fact, participating in re|engage at this stage in your marriage is a great idea! The program will provide a strong start to your marriage. For members and regular attenders of First Christian Church, we also offer a 15-month Foundation Group (small group/life group) just for newly-married couples. [Click here](#) for more information on joining a Foundation Group.

We are thinking about getting married (or are engaged). Is this ministry for us?

We suggest you focus on marriage preparation through an 8-week pre-marital class we call Merge. If you would like more information on Merge, please fill out this [form](#).

For further questions regarding re|engage, please fill out this [interest form](#).