

HOLD ME TIGHT

Couples Retreat

NOV 14 & 15, 2025

Location: Bethel Church
2702 30th Ave S, Fargo, ND
58103

9:00 am - 4:30 pm each
day

MEET THE HOSTS

Certified EFT Therapists



Loree Veith,
LPC



Tracy Hansen,
LPCC

Goals for HMT:

- Strengthen Emotional Safety and Security
- Identify & Stop Negative Patterns
- Rebuild Trust
- Deepen Emotional and Physical Connections
- Improve Communication

- Workshop has limited spots for comfort and personal attention
- Registration is \$600 per couple, \$100 discount for therapists using discount code HMT2025, 50% off for those who have attended a previous Hold Me Tight workshop
- Hold Me Tight is a registered trademark of Dr. Sue Johnson
- Registration closes Nov 9, 2025

Information and Registration



Alumni registration



Questions? Please contact
loreeveith@bethelfc.com or tracy@hansenhearts.com