

Faith for Every Season

Scripture: Isaiah 40:31

1. Waiting Faith – v. 31a2. Soaring Faith – v. 31b3. Walking Faith - v. 31c**ONE THING**

Our self-reliance says, “Carry more and depend less.”

Jesus says, “Depend more and carry less.”

‘Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.”

– Matthew 11:28-30 (NLT)

Life Group Guide

For the week of July 26, 2026

God is always teaching us through his Word, the Bible. As we read through the Old Testament in 2026, we invite you to read along in the YouVersion app through The Bible Recap reading plan. Our sermons will follow along with the readings. May God bless us as we read his Word together as a church family!

1. Read through Isaiah chapter 40:9-31 and notice what it teaches about the greatness of God: he is all-knowing, all-powerful, and infinite. In what ways is that encouraging to you?
2. What does it mean to wait on the Lord?
3. How do verses 28-29 help you to understand soaring, running and walking by faith in God?
4. We all need to grow in our faith and trust in God. How does this passage help you to do that?

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