



Jesus Was
Right About:

Worry

**Your Heart is Tethered to
What You Treasure**

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Jesus is the TRUTH and the WAY to the good LIFE.

1. What you TREASURE shapes what you FEAR.

Luke 12:32-34

Treasure what will last & cannot be lost and WORRY will not be STRONGHOLD in your life.

Why would you VALUE what will last if YOU'RE not going to?

2. What you LONG FOR shapes how you LIVE.

Hebrews 11:13-16

We long for what won't LAST and we're uninterested in what WILL.



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The Serenity Prayer

*God, grant me the serenity
to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.*

*Living one day at a time,
enjoying one moment at a time;
accepting hardship as a pathway to peace;
taking, as Jesus did,
this sinful world as it is,
not as I would have it;
trusting that You will make all things right
if I surrender to Your will;
so that I may be reasonably happy in this life
and supremely happy with You forever in the next.
Amen.*

— Reinhold Niebuhr

3. What you TRUST shapes how you GIVE.

1 Timothy 6:17-19



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What you think you "OWN" OWNS you.

If you treasure what is eternal and SECURE, you won't be ruled by fear over what is temporary and FRAGILE.

Recommended Resources:

– *Count Yourself Calm: Taking BIG Feelings to a BIG God* by Eliza Huie

– *When I Am Afraid: A Step-by-Step Guide Away from Fear and Anxiety* by Edward T. Welch

– *Running Scared: Fear, Worry, and the God of Rest* by Edward T. Welch

– *A Small Book for the Anxious Heart* by Edward T. Welch

Text **Bible** to **64567** for daily devos



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