

HAPPY FIRST DAY OF SCHOOL

Welcome to New Beginnings Early Learning Center!

The first day of school is an exciting milestone in your child's life. Your child is embarking on a journey that will lead them on many roads of discovery and learning.

We have provided a few suggestions to assist your child during this time. Remember, our staff will be available to provide support and assistance; making your child's school days, happy days.

- ✓ Prepare your child for the new experience by explaining what to expect.
- ✓ Convey a positive attitude. Your enthusiasm will assure the child that school can be a fun and exciting place.
- ✓ Establish a routine involving both the night before and morning of school days. Routines will add predictability and are comforting in unfamiliar situations.
- ✓ Bring something from home. This is acceptable and often reassuring in helping a child with the initial adjustment to their new environment. (Please, no toys though.)
- ✓ Clearly state to your child where you will be and when you will return.
- ✓ Maintain a clear good-bye routine. Once you tell your child you are leaving, it is important to follow through. Avoid sneaking away, as this seems to cause mistrust and makes the second day even harder.

We encourage you to communicate with the staff! Please know we are here to help make this experience a happy time and we look forward to an exciting and fun year! Welcome!

Every item brought to school needs to be labeled!

You may bring the following to Meet the Teacher/First day and leave in the classroom:

- **A nap mat** (2 & 3 year old classes must be a mat that will fold and store easily) (Infants and toddlers will rest in cribs)
- **A blanket**
- **A nap time comfort** (lovie, stuffed friend, paci, etc)
- If your child is in diapers, you will need to supply diapers to their teacher

Please bring the following each day:

- **Back Pack** (that will hold a 8.5x11 plastic folder)
- **Insulated Lunch Box** - Please send food that does not need to be heated. Prepare food by cutting into age-appropriate pieces.
- **A spill proof cup.** Older children can bring water bottles with spouts or straws.
- **A complete change of clothes**, including extra underwear and socks
- **Snacks** (your teacher will provide you with a snack schedule) Parents will be on rotation to help provide snacks for their child's class.

