

# The NEXT STEP Spiritual Health Assessment

A guide to help you take the **next step** towards Jesus Christ.

*"Test yourselves to make sure you are solid in the faith. Don't drift along taking everything for granted. Give yourselves regular checkups..." 2 Corinthians 13:5 (MSG)*



(Rev. 1-20)

## The NEXT STEP Spiritual Health Assessment

### Step 1:

Answer the following questions by circling the number that best represents your thoughts:

|  | No-----Yes |
|--|------------|
| 1. I am burdened by the fact that my friends/family don't know the Lord  | 0 1 2 3 4  |
| 2. I derive great joy when I worship Jesus                               | 0 1 2 3 4  |
| 3. I'm looking for ways to get plugged into the church                   | 0 1 2 3 4  |
| 4. It bothers me that I go through dry spiritual stages                  | 0 1 2 3 4  |
| 5. I would like to know what the bible says about serving                | 0 1 2 3 4  |
| 6. I understand the questions that athiests have                         | 0 1 2 3 4  |
| 7. I relate most to the singing parts of the service                     | 0 1 2 3 4  |
| 8. I'd like to know more about the church's history and journey          | 0 1 2 3 4  |
| 9. I would like to know more about growing in my faith                   | 0 1 2 3 4  |
| 10. I need to know if or how I am called to serve                        | 0 1 2 3 4  |
| 11. I am sensitive to the needs of those seeking God                     | 0 1 2 3 4  |
| 12. It is easy for me to tell Jesus how much I love him                  | 0 1 2 3 4  |
| 13. I enjoy the social times before and after the services               | 0 1 2 3 4  |
| 14. I am unfamiliar with biblical traits of genuine maturity             | 0 1 2 3 4  |
| 15. I often think about what the purpose of my life is                   | 0 1 2 3 4  |
| 16. I feel comfortable around non-Christians                             | 0 1 2 3 4  |
| 17. I am often grateful for all the Lord has done in my life             | 0 1 2 3 4  |
| 18. I have some important questions regarding the church's beliefs       | 0 1 2 3 4  |
| 19. I would like to know the true definition of love                     | 0 1 2 3 4  |
| 20. I am ready to discover and use my spiritual gifts                    | 0 1 2 3 4  |
| 21. I can communicate the gospel to non-Christians effectively           | 0 1 2 3 4  |
| 22. I find myself thinking of or singing to the Lord during the day      | 0 1 2 3 4  |
| 23. I would like to make more friends here at this church                | 0 1 2 3 4  |
| 24. I would like to know how to better study my bible                    | 0 1 2 3 4  |
| 25. I need to know what the bible says are spiritual gifts               | 0 1 2 3 4  |
| 26. I have led others to faith in Jesus Christ                           | 0 1 2 3 4  |
| 27. I find that the Lord's Supper is incredibly moving and inspirational | 0 1 2 3 4  |
| 28. I have made a couple of significant friendships here at this church  | 0 1 2 3 4  |
| 29. I'm interested in purchasing the right kind of bible                 | 0 1 2 3 4  |
| 30. I would like to know how to pursue my passions                       | 0 1 2 3 4  |
| 31. I regularly invite unchurched friends to church                      | 0 1 2 3 4  |
| 32. I am glad I got baptized and rejoice when others do too              | 0 1 2 3 4  |
| 33. I am not familiar with the mission or vision of the church           | 0 1 2 3 4  |
| 34. I would like to develop a better prayer life                         | 0 1 2 3 4  |
| 35. I would like to know how to use my abilities for others              | 0 1 2 3 4  |
| 36. I have many non-Christian friends I pray for                         | 0 1 2 3 4  |
| 37. I attend worship services regularly                                  | 0 1 2 3 4  |
| 38. I am in a small group with people I truly enjoy                      | 0 1 2 3 4  |
| 39. I have a lot of questions about tithing                              | 0 1 2 3 4  |
| 40. I have unique experiences I'd like to share with others              | 0 1 2 3 4  |
| 41. I am sensitive to how new people react to a church service           | 0 1 2 3 4  |
| 42. I see my work as a way to show the Lord my love and devotion         | 0 1 2 3 4  |

|  |   |   |   |   |   |
|--|---|---|---|---|---|
| 43. I would like to know how to become a member                    | 0 | 1 | 2 | 3 | 4 |
| 44. I would like to find out more about Growth Groups              | 0 | 1 | 2 | 3 | 4 |
| 45. I would like to know what it means to be an effective leader   | 0 | 1 | 2 | 3 | 4 |
| 46. I would like to know how to share my faith more effectively    | 0 | 1 | 2 | 3 | 4 |
| 47. I want to understand how to better engage with the sacraments  | 0 | 1 | 2 | 3 | 4 |
| 48. I want to partner with this church to help fulfill its mission | 0 | 1 | 2 | 3 | 4 |
| 49. I would like to join a group that challenges me spiritually    | 0 | 1 | 2 | 3 | 4 |
| 50. I would like to be a blessing to others on a regular basis     | 0 | 1 | 2 | 3 | 4 |

### Step 2:

Record the value from each question on the grid below and total the columns.

| <i>Evangelism</i> | <i>Worship</i> | <i>Fellowship</i> | <i>Discipleship</i> | <i>Service</i> |
|-------------------|----------------|-------------------|---------------------|----------------|
| #1:               | #2:            | #3:               | #4:                 | #5:            |
| #6:               | #7:            | #8:               | #9:                 | #10:           |
| #11:              | #12:           | #13:              | #14:                | #15:           |
| #16:              | #17:           | #18:              | #19:                | #20:           |
| #21:              | #22:           | #23:              | #24:                | #25:           |
| #26:              | #27:           | #28:              | #29:                | #30:           |
| #31:              | #32:           | #33:              | #34:                | #35:           |
| #36:              | #37:           | #38:              | #39:                | #40:           |
| #41:              | #42:           | #43:              | #44:                | #45:           |
| #46:              | #47:           | #48:              | #49:                | #50:           |
| <b>Total:</b>     | <b>Total:</b>  | <b>Total:</b>     | <b>Total:</b>       | <b>Total:</b>  |

The lower the number, the greater the need to take that particular step.

***(Enter your totals at [LomaVistaCC.com/next-steps](http://LomaVistaCC.com/next-steps). This will help us craft our sermon content and class schedule!)***

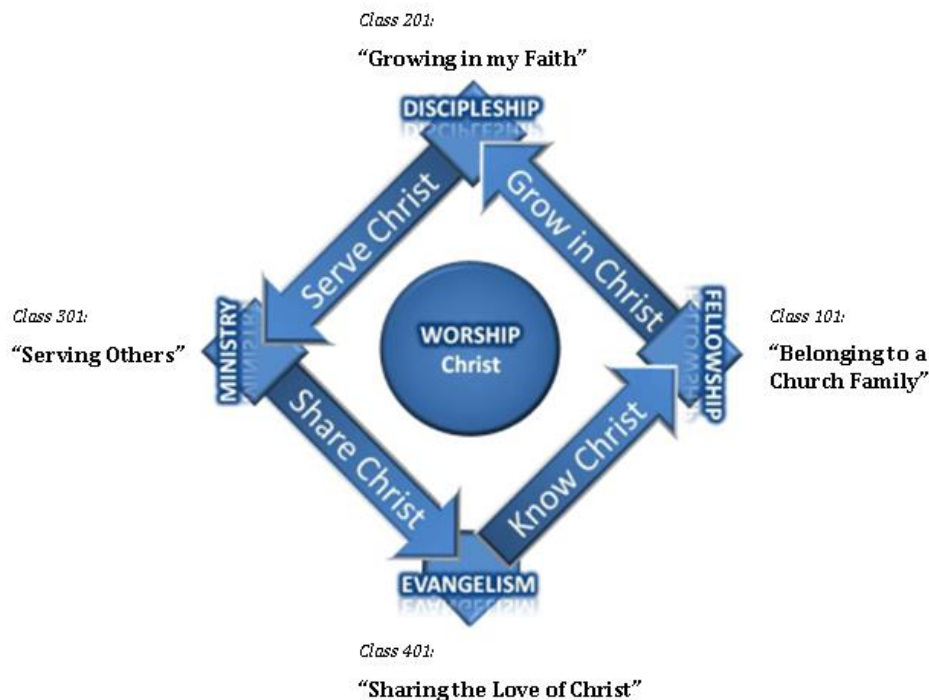
### Step 3:

Circle your highest and lowest column. Compare those columns to the biblical purposes below:

Column #1 – Evangelism  
 Column #2 – Worship  
 Column #3 – Fellowship  
 Column #4 – Discipleship  
 Column #5 – Service

## Next Step Classes

You can begin working through the class that corresponds to your scores:



### **Class 101: "Belonging to a Church Family"** (Fellowship/Worship)

FAQ's of LVCC  
Our Model  
Our Mission, Vision, Core Values  
Membership

*\*Perfect if you want to know about LVCC, get plugged and become a member.*

### **Class 201: "Growing in my Faith"** (Discipleship)

Common Spiritual Stages  
How To Study Your Bible  
Developing Your Prayer Life  
The Purpose of Tithing

*\*Perfect if you want to grow deeper in your faith and begin spiritual disciplines.*

### **Class 301: "Serving Others"** (Service)

The Nature of Serving  
How Do I know If I'm Called?  
Discovering my S.H.A.P.E.  
S.H.A.P.E. Profile

*\*Perfect if you are ready to discover your gifts and serve others through a ministry.*

### **Class 401: "Sharing the Love of Christ"** (Evangelism)

Discovering your mission  
Developing your testimony  
Sharing your faith  
Serving on a mission

*\*Perfect if you are ready to share your faith, go on a mission or simply make a difference for Christ in our world.*

To register for upcoming Next Step Classes: [LomaVistaCC.com/next-steps](http://LomaVistaCC.com/next-steps)