



## “Creation Day 7: Rest”

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3/17/24

Genesis 2:1-3

I. God \_\_\_\_\_ (v. 2).

II. God \_\_\_\_\_ (v. 2)

“...rested...” (sabat) - To \_\_\_\_\_ or cease from \_\_\_\_\_.

Anthropomorphic language – God describing Himself using \_\_\_\_\_.

III. God \_\_\_\_\_ (v. 3).

“...made it holy...” – To \_\_\_\_\_, separate or elevate.

### **Exodus 20:8 (NIV)**

<sup>8</sup> “Remember the Sabbath day by **keeping** it holy <sup>9</sup> Six days you shall labor and do all your work, <sup>10</sup> but the seventh day is a sabbath **to the Lord your God**. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. <sup>11</sup> For in **six days** the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

### **Exodus 23:10–11 (NIV)**

<sup>10</sup> “For six years you are to sow your fields and harvest the crops, <sup>11</sup> but during the **seventh year** let the land lie unplowed and unused.

### **Leviticus 25:8–10 (NIV)**

<sup>8</sup> “Count off seven sabbath years—seven times seven years—so that the seven sabbath years amount to a period of forty-nine years...<sup>10</sup> Consecrate the fiftieth year and proclaim liberty throughout the land to all its inhabitants. It shall be a jubilee for you...

### **Exodus 31:13 (NIV)**

<sup>13</sup> “Say to the Israelites, ‘You must observe my Sabbaths. This will be a **sign** between me and you for the generations to come, so you may know that I am the Lord, who makes you holy.

### **John 5:16 (NIV)**

<sup>16</sup> So, because Jesus was doing these things **on the Sabbath**, the Jewish leaders began to persecute him.

### **Mark 2:27–28 (NIV)**

<sup>27</sup> Then he said to them, “The Sabbath was **made for man**, not man for the Sabbath. <sup>28</sup> So the Son of Man is **Lord even of the Sabbath**.”

God rested so that we would \_\_\_\_\_ for the rest Adam lost and find it in \_\_\_\_\_.



“Helping people take their next step toward Jesus Christ.”

*“Are Christians obligated to observe the Sabbath today?”*

*“Are the 10 Commandments still in play today? Which ones are we to follow?”*

*“Doesn’t the Sabbath today set Christians apart from others?”*

*“Didn’t the early church continue to honor the Sabbath?”*

**Hebrews 4:1–3 (NIV)**

<sup>1</sup> Therefore, since the promise of **entering his rest** still stands, let us be careful that none of you be found to have fallen short of it. <sup>2</sup> For we also have had the good news proclaimed to us, just as they did...<sup>3</sup> Now we who have believed enter that rest...

**Hebrews 4:9 (NIV)**

<sup>9</sup> There remains, then, a Sabbath-rest for the people of God;

**Big Idea:**

God rested on the seventh day to establish a \_\_\_\_\_ for Israel that would \_\_\_\_\_ fulfilment in Christ, our \_\_\_\_\_.

**Hebrews 10:25 (NIV)**

<sup>25</sup> (Let us) not give up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

**Deep Dive:**

Read **Hebrews 3:12-4:13**. A great summary of how God fulfilled the sabbath-rest principle in Christ and invites all to enter His rest.

SABBATH REST, Sinclair Ferguson, a 4-minute read that summarizes how Christians should view the sabbath day.

<https://www.ligonier.org/learn/articles/sabbath-rest>