



“Putting Off Lying and Anger”

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5-10-26

Ephesians 4:25-27

Psalm 40:5 (NIV)

⁵ Many, Lord my God, are the wonders you have done, **the things you planned for us...**

I. Putting Off _____ (v. 20)

The Wickedness of Lying:

1. Lying is the language of _____. (Jn 8:44)
2. Lying is a sin that _____. (Pro 6:16-19, 12:22)
3. Lying can _____. (Jer 9:5)
4. Lying as an accumulative effect _____. (1 Tim 4:2)
5. Lying can permanently damage _____. (Jas 3:6)

II. Putting Off _____ (v. 26-27)

How can I deal with my anger?

1. Resolve it at its _____. (Ps 4:4-5)
2. Recognize the _____ of your anger. (Pro 29:11)

Understanding Anger:

- It is based on _____.
 - It is _____.
 - It creates unhealthy _____.
 - It has different _____.
3. Remove _____ that lead to your anger. (2 Cor 2:10-11)
 4. Restore _____ quickly. (Mark 11:25)

Big Idea –

Jesus Christ is training us to _____ and equipping us to _____ so that a little each day we look more _____.



“Helping people take their next step toward Jesus Christ.”