OWN YOUR OWN MESS
HOW TO FIX YOUR LIFE – PART #1
Pastor Kevin Cummings – November 8, 2026

"Create in me a pure heart, O God, and renew a steadfast spirit within me." Psalm 51:10

II Samuel 11-12; Psalm 51:1-17

- After ruining his life, David shows us "How to fix your life".
  Week 1: Repentance — Own Your Mess.
  Week 2: Surrender — Give God the Pieces.
  Week 3: Gratitude — Live Like You've Been Forgiven.
- Repentance changes your direction. Surrender changes your heart. Gratitude changes your life.
- You cannot fix what you refuse to face. (I John 1:9)
- Repentance does not erase the consequences or minimize sin, but it is the way to return to Him, accept His forgiveness, and live differently.

I. Repentance: _____ do we need it?

"The heart is deceitful above all things and beyond cure. Who can understand it?" Jeremiah 17:9

A. Because we tend to _____ our heart, instead of _____ it. (Proverbs 4:23; Romans 7:15-20)

B. Because we have a _____ heart.
(Ezekiel 36:26-27; Proverbs 28:14; Hebrews 4:7)

C. Because we have a _____ heart that must be continually cleansed. (Romans 3:23; I John 1:9-2:2)
1. Like David, we have a heart that rebels.
2. Like David, we have a heart that shifts.
3. Like David, we have a heart that misses the mark.

- The _____ is an issue of the heart.
(Mark 1:15; Luke 13;3, 5; Acts 3:19; 17:30; II Peter 3:9)

II. Repentance: _____ is it?

A. Repentance is more than _____.
1. Repentance doesn't include excuses.
2. Repentance is not trying to cover our sin.
3. Repentance doesn't blame others.

B. Repentance is _____.

C. Repentance is an _____.

III. Repentance: _____ do we do it?

A. Stop _____. Call it what it is: sin. (II Sam. 12:13)
1. Excuses keep you comfortable, but repentance makes you clean.
2. You don't have to be perfect, but you do have to be honest to be right with God.

B. Stop _____ what God is trying to heal. (Psalm 32:3-5)
1. God cannot heal what you try to cover.
2. What you conceal controls you.

C. Follow the _____ to genuine forgiveness:

1. Step #1: _____ (Psalm 51:1)

2. Step #2: _____ (Psalm 51:2-3)

3. Step #3: _____ (Psalm 51:4-6)

4. Step #4: _____ (Psalm 51:7-12)

5. Step #5: _____ (Psalm 51:13-17)

ACTION POINTS: 1.) God's grace is greater than your _____.

2.) The road to God begins with the words, "_____"

3.) You can't change the past, but _____, God can change your future.

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- Repentance does not erase the consequences or minimize sin, but it is the way to return to Him, accept His forgiveness, and live differently.

I. Repentance: Why do we need it?

"The heart is deceitful above all things and beyond cure. Who can understand it?" Jeremiah 17:9

A. Because we tend to follow our heart, instead of leading it. (Proverbs 4:23; Romans 7:15-20)

B. Because we have a hard heart. (Ezekiel 36:26-27; Proverbs 28:14; Hebrews 4:7)

C. Because we have a sinful heart that must be continually cleansed. (Romans 3:23; I John 1:9-2:2)
1. Like David, we have a heart that rebels.
2. Like David, we have a heart that shifts.
3. Like David, we have a heart that misses the mark.

- The heart of the issue is an issue of the heart. (Mark 1:15; Luke 13;3, 5; Acts 3:19; 17:30; II Peter 3:9)

II. Repentance: What is it?

A. Repentance is more than feeling bad.
1. Repentance doesn't include excuses.
2. Repentance is not trying to cover our sin.
3. Repentance doesn't blame others.

B. Repentance is agreeing with God.

C. Repentance is an 180-degree turn.

III. Repentance: How do we do it?

A. Stop making excuses. Call it what it is: sin. (II Sam. 12:13)
1. Excuses keep you comfortable, but repentance makes you clean.
2. You don't have to be perfect, but you do have to be honest to be right with God.

B. Stop hiding what God is trying to heal. (Psalm 32:3-5)
1. God cannot heal what you try to cover.
2. What you conceal controls you.

C. Follow the steps to genuine forgiveness:

1. Step #1: Humility (Psalm 51:1)

2. Step #2: Conviction (Psalm 51:2-3)

3. Step #3: Confession (Psalm 51:4-6)

4. Step #4: Cleansing (Psalm 51:7-12)

5. Step #5: Reconciliation (Psalm 51:13-17)

ACTION POINTS: 1.) God's grace is greater than your guilt.

2.) The road to God begins with the words, "I have sinned."

3.) You can't change the past, but if you repent, God can change your future.