

Counseling Resources

Center for Pastoral Counseling

www.pastoralcounseling.com

Offices in Manassas and throughout Northern Virginia

Professional Counseling that is sensitive to relational and emotional issues, as well as spiritual issues
703-903-9696

Door of New Hope: Jan Esher, MA, MEd, LPC

doorofnewhope.com

Counseling from a Christian perspective: Individual, Relational/Communication, Marriage Counseling and Recovery, Parenting
Tele-appointments available

jan.eshher@icloud.com

703-220-6610

Franconia Family Therapy Center: Al Nestor, LCSW

[Home: Family Therapy | Couples Therapy | Alexandria, VA 22310 \(franconiafamily.com\)](http://Home: Family Therapy | Couples Therapy | Alexandria, VA 22310 (franconiafamily.com))

Individual, Couple, Family Counseling

Tele-appointments

703-922-0443

Journey To Hope Counseling

<http://www.journeytohopecounseling.com/>.

Christian based counseling center for children, adolescents and adults.

307 Lafayette Blvd #100, Fredericksburg, VA 22401

540-602-2545

New Story Behavioral Health

[New Story Behavioral Health | Curt Thompson](#)

Therapy for individuals, couples, families, groups

6400 Arlington Blvd., Suite 920

Falls Church, VA 22042

703-241-2664

Revelations Counseling & Consulting

[Home - Revelations Counseling & Consulting](#)

Christian based counseling center that addresses anxiety, depression, post-traumatic stress disorder, acute stress disorder, adjustment disorders, emotional regulation, addictions, marriage and couples' conflict, and family system issues. They are very versed in assisting military concerns.

282 Choptank Road, Suite 103, Stafford VA 22556

(540) 602-2545

OTHERS

Mental Health America of Fredericksburg <https://www.mhafred.org/> 540-371-2704

Thrive Works Fredericksburg <https://thriveworks.com/fredericksburg-counseling/> 540-413-0358

Center for Family Counseling <https://centerforfamilycounseling.com/> 540-361-1557 307, Fredericksburg