

Fruit of the Spirit Self-Examination & Prayer

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control."

Galatians 5:22–23

Love – *1 Corinthians 13:4–7; John 13:34–35*

- Do I genuinely seek the good of others, even when it costs me?
- Do I love people without favoritism or prejudice?
- Do others experience Christ's love through my words and actions?

Joy – *Philippians 4:4; Romans 12:12*

- Is my joy rooted in Christ, not in changing circumstances?
- Do I radiate hope and gladness in ministry, even under trial?
- Am I known for a thankful spirit rather than constant complaint?

Peace – *Philippians 4:6–7; Romans 12:18*

- Do I trust God in times of uncertainty?
- Do I actively pursue reconciliation when conflicts arise?
- Am I a calming presence in tense situations?

Patience – *Colossians 3:12–13; James 1:19–20*

- Do I bear with the weaknesses and faults of others without irritation?
- Do I respond slowly to anger and offense?
- Do I trust God's timing rather than rushing or forcing outcomes?

Kindness – *Ephesians 4:32; Titus 3:4–5*

- Do my words and tone communicate care and respect?
- Do I look for ways to serve and encourage without expecting recognition?
- Am I gentle with those who are struggling or immature in faith?

Goodness – *Romans 12:9; Micah 6:8*

- Am I committed to doing what is right, even when it is unpopular?
- Do I actively oppose injustice and dishonesty?
- Do people see in me integrity that matches my confession of faith?

Faithfulness – *1 Corinthians 4:2; Matthew 25:21*

- Do I follow through on commitments promptly and dependably? - Am I steadfast in prayer, worship, and Bible study?
- Can others count on me to be truthful and loyal in every circumstance?

Gentleness – *Philippians 4:5; 2 Timothy 2:24–25*

- Do I correct others with humility rather than harshness?

- Do I approach disagreements with a teachable spirit?
- Is my leadership style marked by humility, not domination?

Self-Control – *Proverbs 25:28; 1 Corinthians 9:24–27*

- Do I exercise discipline over my thoughts, words, and habits?
- Do I resist temptation and flee from sin?
- Do I manage my time, emotions, and desires in a way that honors Christ?

Reflection

- Which fruit is most evident in my life right now?
- Which fruit needs the most intentional cultivation?
- What specific step will I take this week to grow in that area?

Gospel Prayer

Heavenly Father, I come before You through the finished work of Christ, not in my own strength but clothed in His righteousness. I thank You that Your Spirit dwells within me, uniting me to Christ and conforming me to His image.

- **Love** – Teach me to love because You first loved me in Christ (1 John 4:19). Let my love reflect Your sacrificial love for me on the cross.
- **Joy** – Grant me joy not rooted in circumstances but in the unshakable gospel: that my sins are forgiven and my name is written in heaven (Luke 10:20).
- **Peace** – Give me peace that flows from being justified by faith, knowing I have peace with God through our Lord Jesus Christ (Rom. 5:1).
- **Patience** – Form in me the patience You have shown toward me, remembering how slow You are to anger and abounding in steadfast love (Ps. 103:8).
- **Kindness** – Shape me with the kindness that led You to extend mercy when I was dead in sin, pointing me to the riches of Your grace in Christ (Eph. 2:7).
- **Goodness** – Conform my life to the goodness of Christ, who went about doing good, that I might reflect His holiness and purity (Acts 10:38; 1 Pet. 1:15).
- **Faithfulness** – Root me in Your faithfulness, O God, which never fails, and help me be steadfast in Christ until the day of glory (Lam. 3:22–23).
- **Gentleness** – Make me gentle as Christ is gentle, who invites the weary and burdened to find rest in Him (Matt. 11:29).
- **Self-control** – Strengthen me with the Spirit's power to deny sin and live for righteousness, remembering I have been crucified with Christ (Gal. 2:20).

Lord, these fruits are not produced by my effort but by Your Spirit at work within me. Keep me abiding in Christ, the true Vine, that I may bear fruit that brings glory to You.

I ask this in Jesus' name, **Amen**.