

# My Precious Flock:

LENT 2026 WEEK 4

*You are kept, guarded, and never abandoned.*

**PRESERVATION & SHEPHERDING GRACE:** Read John 10:27-30.

## DAILY RHYTHM (MONDAY–SATURDAY)

Each day follows the same simple pattern:

1. Read the Scripture.
2. Sit in silence for five minutes.
3. Speak the Gospel declaration aloud.

## WEEKLY RHYTHM

Each week ends with two final practices: *Words that No Longer Define You* and an *End-of-Week Invitation*. We encourage you to add this to your Daily Rhythm on Saturdays as you prepare for worship on Sunday.

Day 17

### MONDAY: Held Secure

**SCRIPTURE:** Read John 10:27-30.

**REFLECTION PROMPT:** What threatens your sense of security right now?

**SILENCE:** For the next five minutes, imagine yourself held in Christ's hands. Because of the cross of Christ, nothing can snatch you away.

**GOSPEL DECLARATION:** *In Christ, I will never be abandoned.*

Day 18

### TUESDAY: Known by Name

**SCRIPTURE:** Read John 10:1-3.

**REFLECTION PROMPT:** Where do you feel unseen or overlooked?

**SILENCE:** For the next five minutes, sit quietly and listen. Because of the cross of Christ, you belong to the Shepherd who knows you by name.

**GOSPEL DECLARATION:** *In Christ, I will never be abandoned.*

Day 19

### WEDNESDAY: Not Forgotten

**SCRIPTURE:** Read Isaiah 49:15-16.

**REFLECTION PROMPT:** When do you fear being forgotten by God?

**SILENCE:** For the next five minutes, picture your name written on God's hands. Because of the cross of Christ, you will never be forgotten.

**GOSPEL DECLARATION:** *In Christ, I will never be abandoned.*

Day 20

## THURSDAY: Led, Not Lost

**SCRIPTURE:** Read Psalm 23:1-3.

**REFLECTION PROMPT:** Where are you resisting the rest or guidance of the Shepherd?

**SILENCE:** For the next five minutes, allow the Shepherd to lead you. Because of the cross of Christ, you are not lost or wandering alone.

**GOSPEL DECLARATION:** *In Christ, I will never be abandoned.*

Day 21

## FRIDAY: Guarded Faith

**SCRIPTURE:** Read 1 Peter 1:3-5.

**REFLECTION PROMPT:** What do you fear might slip away from you?

**SILENCE:** For the next five minutes, trust God's guarding power. Because of the cross of Christ, your salvation is protected by God Himself.

**GOSPEL DECLARATION:** *In Christ, I will never be abandoned.*

Day 22

## SATURDAY: Never Alone

**SCRIPTURE:** Read Deuteronomy 31:6.

**REFLECTION PROMPT:** When do you feel most alone?

**SILENCE:** For the next five minutes, sit with God's promise of nearness. Because of the cross of Christ, He will never leave you nor forsake you.

**GOSPEL DECLARATION:** *In Christ, I will never be abandoned.*

## SUNDAY: Worship and Rest

**GOSPEL DECLARATION:** *In Christ, I will never be abandoned.*

## Words That No Longer Define You

Words

~~Abandoned~~

**PRACTICE:** Cross out the word *Abandoned*.

**WRITE IN ITS PLACE:** *Kept* (Read John 10:27-30).

## End-of-Week Invitation

As you reflect on worshipping together on Sunday, ask: *What would it look like to live this coming week as someone who truly believes they will never be abandoned?*

## **PRESERVATION & SHEPHERDING GRACE**

*My Precious Flock:  
You are kept, guarded,  
and never abandoned.*

# FAMILY LENTEN TABLE CARD WEEK 4

**READ SCRIPTURE:** John 10:27-30

**GOSPEL DECLARATION** (say together): *In Christ, we will never be abandoned.*

**DISCUSSION QUESTION:** When do you feel safest or most cared for?

**PRAYER** (children can lead): *Jesus, thank You for staying with us and taking care of us. Help us trust You. Amen.*