

My Precious Flock: You are kept, guarded, and never abandoned.

LENT 2026 WEEK 4

PRESERVATION & SHEPHERDING GRACE: Read John 10:27-30.

DAILY RHYTHM (MONDAY-SATURDAY)

Each day follows the same simple pattern:

1. Read the Scripture.
2. Sit in silence for five minutes.
3. Speak the Gospel declaration aloud.

WEEKLY RHYTHM

Each week ends with two final practices: *Words that No Longer Define You* and an *End-of-Week Invitation*. We encourage you to add this to your Daily Rhythm on Saturdays as you prepare for worship on Sunday.

Day 17

MONDAY: Held Secure

SCRIPTURE: Read John 10:27-30.

REFLECTION PROMPT: What threatens your sense of security right now?

SILENCE: For the next five minutes, imagine yourself held in Christ's hands. Because of the cross of Christ, nothing can snatch you away.

GOSPEL DECLARATION: *In Christ, I will never be abandoned.*

Day 18

TUESDAY: Known by Name

SCRIPTURE: Read John 10:1-3.

REFLECTION PROMPT: Where do you feel unseen or overlooked?

SILENCE: For the next five minutes, sit quietly and listen. Because of the cross of Christ, you belong to the Shepherd who knows you by name.

GOSPEL DECLARATION: *In Christ, I will never be abandoned.*

Day 19

WEDNESDAY: Not Forgotten

SCRIPTURE: Read Isaiah 49:15-16.

REFLECTION PROMPT: When do you fear being forgotten by God?

SILENCE: For the next five minutes, picture your name written on God's hands. Because of the cross of Christ, you will never be forgotten.

GOSPEL DECLARATION: *In Christ, I will never be abandoned.*

Day 20

THURSDAY: Led, Not Lost

SCRIPTURE: Read Psalm 23:1-3.

REFLECTION PROMPT: Where are you resisting the rest or guidance of the Shepherd?

SILENCE: For the next five minutes, allow the Shepherd to lead you. Because of the cross of Christ, you are not lost or wandering alone.

GOSPEL DECLARATION: *In Christ, I will never be abandoned.*

Day 21

FRIDAY: Guarded Faith

SCRIPTURE: Read 1 Peter 1:3-5.

REFLECTION PROMPT: What do you fear might slip away from you?

SILENCE: For the next five minutes, trust God's guarding power. Because of the cross of Christ, your salvation is protected by God Himself.

GOSPEL DECLARATION: *In Christ, I will never be abandoned.*

Day 22

SATURDAY: Never Alone

SCRIPTURE: Read Deuteronomy 31:6.

REFLECTION PROMPT: When do you feel most alone?

SILENCE: For the next five minutes, sit with God's promise of nearness. Because of the cross of Christ, He will never leave you nor forsake you.

GOSPEL DECLARATION: *In Christ, I will never be abandoned.*

SUNDAY: Worship and Rest

GOSPEL DECLARATION: *In Christ, I will never be abandoned.*

Words That No Longer Define You

Words

Abandoned

PRACTICE: Cross out the word Abandoned.

WRITE IN ITS PLACE: Kept (Read John 10:27-30).

End-of-Week Invitation

As you reflect on worshipping together on Sunday, ask: *What would it look like to live this coming week as someone who truly believes they will never be abandoned?*

PRESERVATION & SHEPHERDING GRACE

*My Precious Flock:
You are kept, guarded,
and never abandoned.*

FAMILY LENTEN TABLE CARD WEEK

READ SCRIPTURE: John 10:27-30

GOSPEL DECLARATION (say together): *In Christ, we will never be abandoned.*

DISCUSSION QUESTION: When do you feel safest or most cared for?

PRAYER (children can lead): *Jesus, thank You for staying with us and taking care of us. Help us trust You. Amen.*