

SUSTAINABLE, SIMPLE, SANE:

God's Solution for Overwhelm

Part 1 - Priorities

**Jesus said, "Come to Me, all of you who are weary and carry heavy burdens, and I will give you rest."
Matthew 11:28 NLT**

**"Be still and know that I am God."
Psalm 46:10 NIV**

Second, Loving Others

Because Jesus created us, He's the only one who can help us live a sustainable, simple, sane joy producing life.

**Jesus said, "For where your treasure is, there will your heart be also."
Matthew 6:21 NAS**

HELP BEGINS WHEN....

1. WE STOP DENYING

2. SAY 'NO' BECAUSE THAT'S HOW YOU SAY 'YES'

Every YES is a NO to something else.

3. DO WHAT MATTERS BECAUSE WHAT YOU DO IS WHAT MATTERS

Priorities of God:

First, Being Loved by God

May your roots go down deep into the soil of God's marvelous love. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love really is. May you experience the love of Christ, though it is so great you will never fully understand it. Then you will be filled with the fullness of life and power that comes from God. Ephesians 3:17-19 (NLT)

"So don't worry about having enough food or drink or clothing. Why be like pagans who are so deeply concerned about these things? Your heavenly Father already knows all your needs, and He will give you all you need from day to day if you live for Him and make the kingdom of God your primary concern."

Matthew 6:31-33 NLT



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