

RESURRECTION TRAIL MIX

SUPPLIES

Option 1: Slices of bread or Ritz crackers

Hershey Kisses

Craisins or Raisins

Pretzels

Marshmallows

Round cookies (Oreos, Nilla Wafers, chocolate chip cookies, etc.)

Goldfish or Swedish Fish

M&Ms

Option 2: M&Ms

INSTRUCTIONS

Option 1: Use the items below to create a yummy trail mix with your family. Each item in the trail mix represents a part of the Easter story. Have fun telling the story with food

- *Bread/ Crackers*
 - *The Last Supper (Matthew 26:26-28)*
- *Silver Kisses*
 - *The Betrayal (Matthew 26:47-49)*
- *Craisins/ Raisins*
 - *Gethsemane (Matthew 26:36-39)*
- *Pretzel Sticks*
 - *The Cross (Luke 23:44-46)*
- *Marshmallow*
 - *Our sins are washed (1 John 1:9)*
- *Round Cookies or Crackers*
 - *Empty Tomb (Luke 24:1-8)*
- *Goldfish*
 - *Be Fishers of Men (Matthew 4:19)*
- *Sweet Treat*
 - *Taste and See (Psalm 34:8)*



INSTRUCTIONS CONT.

Option 2: As you hold your M&M and turn them, you will see the "E" becomes a "3", then an "m," and last, a "w."



The "**E**" is for Easter Sunday. God's everlasting love and His eternal plan! On Easter, we celebrate that Jesus lives. Easter reminds us of the cross and the way God rescued sinful man.



The "**3**" represents the 3 days Jesus stayed in the grave. By His death, His children He did save!



The "**M**" is for the mercy and miracles that Jesus freely gives. He died in our place so that we can see His face. When we believe in Him, we can go to heaven.



The "**W**" is because we worship Him, and it is for the way we pray. It reminds us He alone is worthy of our worship and praise. He calls us to be His witnesses around the world for all of our days.



RESURRECTION SUNDAY