

Complete Joy

Week 12 – Peace

Transition: In last week's text, Paul nudged the Philippians to follow his example and focus on the example of those who were living out the faith well. He then contrasted those who lived as enemies of Jesus with those whose citizenship was in heaven.

Check Point: Would anyone like to share something they worked on from last week's discussion?

Context: In this week's text, Paul addresses conflict within the Philippian church. He then urges them to replace worry with prayer, so that they could experience the peace of God. Lastly, he encourages them to fill their minds with a variety of virtues to battle against anxiety.

Opening Questions:

- What little things can you usually rely on to bring you joy when life gets stressful?
- Describe a time when you intentionally fixed your attention on something optimistic and how it affected you in that moment.

Scripture/Storying: Philippians 4:2-9

Discipleship Questions:

- What is difficult or comforting to you about conflict resolution? Why do you think conflict resolution is essential for health in the church body? What steps can you take to be a peacemaker in conflict?
- What does "rejoicing in the Lord always" look like in your life? Where do you typically see people looking to find joy and why? How can you intentionally pursue joy in the Lord, in a world that can easily get you down?
- What makes you anxious during this season of your life? What do you typically do to deal with your worry or anxiety?
- Why do you think Paul urges the Philippians to replace anxiety with prayer? How might incorporating prayer more in your day-to-day routine help you with your current worries?
- Describe a time when you experienced the peace of God and what you felt in that moment. Why does the peace of God surpass understanding? How can the peace of God guard your heart?
- What typically occupies your mind throughout your day? Why do you think Paul encourages the Philippians to set their minds on the virtues he lists in verse 8? How might thinking on the virtues Paul lists in verse 8 help you battle against your worries?
- What is the Holy Spirit teaching you through this story? How does it impact the way you think and live?

Prayer time: Knoxville Internationals Network (KIN)

- Pray for their team as they prepare their 2026 budget.
- Praise the Lord for the two 2nd Home orientations and pray for "God-led" pairings. Pray for fruitful gospel conversations among those connections.