

Holy Week Devotionals 2026

Parents of 1-6th grade kids: We encourage you to use these devotionals for your own growth first, and then to help your kids grow—just like the safety instructions on an airline flight: “secure your own oxygen mask before assisting others.” We suggest you use the main devotionals for your own study, and the “**For Families**” sections to guide your kids in a simpler look at the Holy Week story.

Saturday

The Day of Rest

A wealthy Jewish leader had arranged for Jesus to be buried in his family tomb. Following the command of scripture (Deuteronomy 21:22-23), Jesus’ body was taken down from the cross before the night came. On the Sabbath, the day of rest, Jesus’ body lay in a dark rock tomb, locked in with a heavy stone, guarded by soldiers.

On the cross, Jesus had cried out the opening line of Psalm 22: “My God, My God, why have you forsaken me?” Every Jewish person in the crowd would have recognized the reference. Today, read and meditate on this Psalm.

As You Read:

1. Pay attention to how the Psalm starts, what kind of story it tells, and how it ends.
2. This Psalm is attributed to King David. What do you think he was feeling?
3. Did God truly abandon David, according to this Psalm? What do you think that means about whether God truly abandoned Jesus on the cross?

Read: Psalm 22

For Families:

The Day of Rest- Saturday

After Jesus’ death on Friday, His body was taken down from the cross and placed in a borrowed tomb. A stone was rolled over the opening, and guards were placed outside to stand watch. Something Jesus said as he hung on the cross can be found in today’s reading.

Read together: Psalm 22

1. We have been Exploring the Bible this semester. Do you know who wrote this Psalm?
2. What kind of book is Psalm?
3. Do you notice a phrase in Psalm 22 that was in yesterday’s reading? What is it?
4. Does anything stand out to you in the Psalm?