

SERMON NOTES

TRAVEL LIGHT
Week Two

SQUIRREL!

Sunday, December 15, 2019

(1 Peter 5:8-9a NIV)

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith.

Battlefield of Distraction

(1 Kings 17:1NIV)

Now Elijah the Tishbite, from Tishbe in Gilead, said to Ahab, "As the Lord, the God of Israel, lives, whom I serve, there will be neither dew nor rain in the next few years, except at my word."

(1 Kings 17:7-12a NIV)

Some time later the brook dried up because there had been no rain in the land. Then the word of the Lord came to him: "Go at once to Zarephath in the region of Sidon and stay there. I have directed a widow there to supply you with food." So he went to Zarephath. When he came to the town gate, a widow was there gathering sticks. He called to her and asked, "Would you bring me a little water in a jar so I may have a drink?" As she was going to get it, he called, "And bring me, please, a piece of bread." "As surely as the LORD your God lives," she replied, "I don't have any bread—only a handful of flour in a jar and a little olive oil in a jug..."

1. The battle of _____.

(1 Kings 17:7-12b NIV)

...I am gathering a few sticks to take home and make a meal for myself and my son,

2. The battle of _____.

(1 Kings 17:12b NIV)

...that we may eat it—and die."

3. The battle of _____.

(1 Kings 17:13-14 NIV)

...Elijah said to her, "Don't be afraid. Go home and do as you have said. But first make a small loaf of bread for me from what you have and bring it to me, and then make something for yourself and your son. ¹⁴ For this is what the Lord, the God of Israel, says: 'The jar of flour will not be used up and the jug of oil will not run dry until the day the Lord sends rain on the land.'"

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The Counter Offensive

(2 Corinthians 10:3-4 NIV)

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

1. _____ your appetites.

(Colossians 3:5 AMP)

So kill (deaden, deprive of power) the evil desire lurking in your members.

(1 Corinthians 7:35 NLT)

I am saying this for your benefit, not to place restrictions on you. I want you to do whatever will help you serve the Lord best, with as few distractions as possible.

2. _____ your affections

(Colossians 3:1-2 NIV)

Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your mind on things above, not on earthly things.

(Proverbs 4:23-27 ESV)

Keep your heart with all vigilance, for from it flow the springs of life. ²⁴ Put away from you crooked speech, and put devious talk far from you. ²⁵ Let your eyes look directly forward, and your gaze be straight before you. ²⁶ Ponder the path of your feet; then all your ways will be sure. ²⁷ Do not swerve to the right or to the left; turn your foot away from evil.

3. _____ your agendas.

(Proverbs 19:21 NIV)

Many are the plans in a person's heart, but it is the Lord's purpose that prevails.

RightNow Media Weekly Suggestion:
"Shaken" Tim Tebow

NEXTSTEPS

This week I'm going to...

- pick one "appetite" to starve.
- commit to daily time with God.
- attend Life Steps.

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