

SERMON NOTES

TRAVEL LIGHT
Week Three

The Pain Train
Sunday, December 22, 2019

(Luke 17:1 HCSB)
“Offenses will certainly come...”

What is the right response?

It's not _____.

(Romans 12:19 NIV)
Do not take revenge, my friends, but leave room for God.

It's not _____.

(Proverbs 16:28 NIV)
A perverse man stirs up dissension, and a gossip separates close friends.

(Matthew 18:15 NLT)
“If another believer sins against you, go privately and point out the offense...”

It's not _____.

(Jeremiah 6:14 MSG)
My people are broken—shattered!—and they put on band-aids, Saying, ‘It’s not so bad. You’ll be just fine.’ But things are not ‘just fine’!

(Hebrews 12:15 LB) Watch out that no bitterness takes root among you, for as it springs up it causes deep trouble, hurting many in their lives.

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God's Way of Handling Hurts

1. Realize it affects my _____.

(Luke 6:37-38 GNB)

"Do not judge others, and God will not judge you; do not condemn others, and God will not condemn you; forgive others, and God will forgive you...The measure you use for others is the one that God will use for you."

(James 1:2-3 NIV)

Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance.

2. Acknowledge _____.

(Psalm 39:2-3 NCV)

I kept very quiet...but I became even more upset. I became very angry inside, and as I thought about it, my anger burned.

(1 John 1:9 NIV)

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

3. _____.

(Matthew 5:43-44)

"You have heard that it was said, 'Love your neighbor and hate your enemy.' But I tell you: Love your enemies and pray for those who persecute you..."

(Ephesians 4:26-27 NLT)

And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, for anger gives a foothold to the devil.

4. Deal with the root — _____.

(Acts 8:23 NIV)

For I see that you are full of bitterness and captive to sin.

(Acts 3:19 NIV)

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

RightNow Media Weekly Suggestion:
"From Vengeance to Forgiveness" Jake Deshazer

NEXTSTEPS

This week I'm going to...

- Pray for those that have offended me.
- Begin each day forgiving those that will offend me.
- Attend Life Steps.

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