SERMON **NOTES**



SOUL PLAN Sunday, January 14, 2024

1 Thessalonians 5:23 (NIV)

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

Spirit	Soul	Body	
God-Consciousness	Self-Consciousness	World-Consciousness	
Spiritual Awareness Spiritual Sensitivity Spiritual Understanding Spiritual Motivation	Mind Will Emotions	Sight Hearing Taste Touch Smell	
Spiritual	Psychological	Physiological	
(Relate to God)	(Relate to others)	(Relate to Environment)	

2 Corinthians 6:16-18 (NIV)

What agreement is there between the temple of God and idols? For we are the temple of the living God. As God has said: "I will live with them and walk among them, and I will be their God, and they will be my people." "Therefore come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you." "I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty."

Soul Toxins

Psalm 42:5 (NIV)

Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Hebrews 12:15 (NIV)
See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble an defile many.

James 3:14-16 (NIV)

But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find disorder and every evil practice.

3.

What causes fights and quarrels among you? Don't they come from your desires that battle within you? You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God.

Matthew 6:27 (NIV) Can any one of you by worrying add a single hour to your life?

SERMON **NOTES**



SOUL PLAN

Sunday, January 14, 2024

1 Thessalonians 5:23 (NIV)

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

Spirit	Soul	Body
God-Consciousness	Self-Consciousness	World-Consciousness
Spiritual Awareness Spiritual Sensitivity Spiritual Understanding Spiritual Motivation	Mind Will Emotions	Sight Hearing Taste Touch Smell
Spiritual	Psychological	Physiological
(Relate to God)	(Relate to others)	(Relate to Environment)

2 Corinthians 6:16-18 (NIV)

What agreement is there between the temple of God and idols? For we are the temple of the living God. As God has said: "I will live with them and walk among them, and I will be their God, and they will be my people." "Therefore come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you." "I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty."

Soul Toxins

Ν	calm 42:5 (NIV) hy, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet aise him, my Savior and my God.
١.	Hebrews 12:15 (NIV) See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many.
2	James 3:14-16 (NIV) But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find disorder and every evil practice.
2	

James 4:1-2 (NIV) What causes fights and quarrels among you? Don't they come from your desires that battle within you? You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God.

Matthew 6:27 (NIV) Can any one of you by worrying add a single hour to your life?

Keep your heart with all diligence, for out of it spring the issues of life	Keep your heart with all diligence, for
1. Right Proverbs 13:20 (NIV) He who walks with the wise grows wise, but a companion of fools suffers harm.	1. Right
2. God-defined Galatians 6:4 (MSG) Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others.	2. God-defined Galatians 6:4 (MSG) Make a careful exploration of who yourself into that. Don't be impre
Galatians 2:20 (NIV) I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.	Galatians 2:20 (NIV) I have been crucified with Christ body, I live by faith in the Son of G
4. Eternal • Colossians 3:1-2 (NIV) Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things.	4. Eternal Colossians 3:1-2 (NIV) Since, then, you have been raised is, seated at the right hand of Go
I will .	l will

RightNow Media Weekly Suggestion:

"A Healing Body" Dr. Henry Cloud

Small **Group**

Proverbs 4:23 (NKJV)

- Removing unforgiveness, comparison, anger and worry allows us to live in the freedom in which God intended us to live. Which of these four areas have you starved most effectively? What steps did you take that helped you to be successful?
- 2. Talk about the image you have of yourself. Do you think this lines up with the identity that God has defined for you?
- 3. Seeking right relationships is one of the keys to detoxifying our lives. What are some practical steps you can take this week to evaluate your relationships and (if necessary) seek more positive ones?
- 4. What is a next step for you based on this teaching?

Soul Health

Proverbs 4:23 (NKJV)

eart with all diliaence, for out of it spring the issues of life

vs wise, but a companion of fools suffers harm.

o you are and the work you have been given, and then sink essed with yourself. Don't compare yourself with others.

e.

and I no longer live, but Christ lives in me. The life I live in the God, who loved me and gave himself for me.

I with Christ, set your hearts on things above, where Christ d. Set your minds on things above, not on earthly things.

l will	

RightNow Media Weekly Suggestion:

"A Healing Body" Dr. Henry Cloud

Small **Group**

- Removing unforgiveness, comparison, anger and worry allows us to live in the freedom in which God intended us to live. Which of these four areas have you starved most effectively? What steps did you take that helped you to be successful?
- 2. Talk about the image you have of yourself. Do you think this lines up with the identity that God has defined for you?
- 3. Seeking right relationships is one of the keys to detoxifying our lives. What are some practical steps you can take this week to evaluate your relationships and (if necessary) seek more positive ones?
- 4. What is a next step for you based on this teaching?