

# Strengthening our prayer life for 2026

## **PODS Small Group Discussion Questions**

1. What practical methods or habits have significantly improved your prayer life? Why do you think they have been effective for you?
2. From Sunday's sermon, which point resonated most with you? Did anything challenge or encourage your current prayer habits?
3. When you pray, what tends to fill most of your requests? Are your prayers primarily focused on yourself, others, or God's purposes? How might this reflect your heart's priorities?
4. Since God already knows what we need, why do you think Jesus emphasized prayer? How does prayer deepen our relationship and dependence on Him?
5. What did Jesus teach about prayer, and how should His words influence the way we approach prayer today?
6. Are there any distractions, habits, or attitudes you could eliminate or fast from to help sharpen your focus on God during prayer?
7. D. A. Carson said, "We will not grow in prayer unless we plan to pray." Do you have a specific prayer plan? If not, what might it look like for you to develop one?
8. How can we encourage one another to move beyond knowing about God toward truly knowing Him and drawing nearer in relationship?
9. What is faith, and how does it influence your prayer life? What steps could you take to strengthen and grow your faith?
10. Reflecting on your prayer journey, what are two or three practical steps you can take to follow God's promptings and leadings more faithfully?