

Capacity Unleashed

Living a Life of Purpose

PODS Small Group Discussion Questions

1. In the middle of a busy schedule, Jesus goes to a solitary place to pray (Mark 1:35). Why do you think Jesus spent so much time in prayer if he was the Son of God?
2. How should we follow his example? What are a couple of practical ways to live it out in our lives?
3. The strength of Jesus' ministry was based on the depth of his prayer time (Mark 1:35-39). When was the last time you got away from the busy world to just pray for several hours in a deserted place like Jesus did?
4. When the disciples found Jesus, how did they describe His popularity in 1:35-39? The disciples tell Jesus that "everyone" is looking for Him; who are these people looking for Jesus? Why does He ignore them and leave Capernaum? What does that teach us as we practice the discipline of solitude and prayer?
5. Where do you need to do less and trust God more? What changes do you need to make?
6. If you want to live life at great capacity, organize your life like Jesus organized His. What would it look like in your life if you took this application to heart?

Homework: Jesus most likely prayed for his mission, his followers, and himself. First, pray for God's mission to be fulfilled in your life. Second, pray for those who need Christ. Third, pray for your personal walk with God.

Schedule a time of solitude and pray like Jesus did in a quiet place.