

# Jonah Chapter Two

## *From the Depths to Deliverance*

### **Small Group Discussion Questions**

1. Drifting comes quietly: less prayer, weaker Scripture intake, worship feeling forced, discouragement rising, etc. Which "hazard sign" is most true for you at the moment? What steps can you take to pay attention to the hazard sign?

2. Jonah says he felt "banished" and that God seemed distant. Have you ever felt God was silent or removed during a crisis or after disobedience? What was happening in your heart and how did you get closer to God?

3. Jonah prayed from the "belly of the fish," and even there he called on "the Lord my God." (Jonah 2:1-2) What does it look like for you to recognize God's authority in a situation you can't control?

4. We all have a need for a private sanctuary where you encounter God (not just a public setting). What "sanctuary" helps you most; quiet time, prayer walk, Scripture reading, worship, or something else? What steps can you take to encounter God on a deeper level?

5. Jonah experienced correction through the storm and the fish. God used circumstances as props or tools to redirect him. Where do you see God correcting you right now (or in the last year)? How are you responding; resisting, ignoring, or submitting?

6. Jonah realized God protected him even in the midst of consequences (Jonah wasn't killed; he was rescued). What's one way you've experienced God's protection during the consequences of your choices or during a hard season? What advice would you give to someone who's in the midst of consequences?