Hope Beyond Depression

Three big factors for dealing with depression:

1. Biblical _____: The removal of masks.
Proverbs 15:13, Philippians 4:4; Romans 15:11

2. Biblical _____: A safe place among God's people.

- A place where you can express your _____ to God.

Psalm 26:12

- A small group where you can openly express your _____ with others.

- A trusted friend where you can go for _____.

3. Biblical _____: Believing Christ can heal.
Romans 12:1-2, Luke 5:17-26

Question: How _____ are you to be healed, to be free, and to seek Jesus?
Psalm 40:2, Psalm 147:3

Answer: Christ is the _____.
Isaiah 61:1. 1 John 4:19