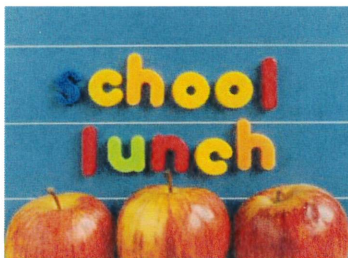


St. Susanna Hot Lunch Program



- **This year we will begin serving 1st – 8th grade students on the first day of school, Thursday, August 14th.**
- **Full-day Kindergarten students can start buying lunch on Monday, August 18th.**
- **Lunch Accounts:** All families can access MySchoolBucks.com to add funds starting on August 6th, 2025. Your student's Option C ID is their Lunch ID.
- **Returning Families:** Lunch balances from last year will roll over to the new year. If an older sibling left last year, their balance was rolled over into a younger sibling's account.
- **Come see us at Meet the Teacher Night!** Get your questions answered and/or add funds to accounts!
- **Rules for buying snacks and ice cream:** Every family should review their family's rules with their children. We do sell snacks and ice cream. The following are OUR rules. However, if YOU do not want your child to be able to purchase these items, please communicate that with your child. If you feel they will not adhere to your rules on their own, you may send an email to lunchroom@stsusanna.org and we will put a note on their account. However, we cannot stress enough the importance that you set the rules at home so that your child is not embarrassed if told to put something back. Also, we are trying to move 150 kids through the line in 10 minutes or less. So, if you do want us to limit your child, instructions must be short and simple. It is unrealistic for us to manage detailed instructions. Here are OUR snack rules:
 - **Kindergarteners** may NOT purchase snacks or ice cream (no exception).
 - **1st Graders** will be permitted to purchase one snack per day. They may buy ice cream on Fridays only. If a first grader buys ice cream on Friday, that counts as their one snack. Snacks must be purchased as they come through the lunch line. They may not buy a snack later in the lunch period. However, they may return if they want more sides or a drink.
 - **2nd Graders** will be permitted to purchase up to two snacks a day. They may buy ice cream on Fridays only. If they buy an ice cream on Friday, that counts as one of their two snacks. Snacks must be purchased as they come through the lunch line. They may not buy a snack later in the lunch period. However, they may return if they want more sides or a drink.
 - **3rd – 8th Graders** will not be monitored by us. Parents must set up their own rules and monitor their child's spending via MySchoolBucks.com. If this is not working, you may send us an email to make a note on their lunch account (as explained above.) Thank you!
- **Monthly Menu:** The monthly lunch menu will be posted on Option C in the File Library and will be included in the Principal's Newsletter. It can also be found on the school website.
- **Instagram:** We are on Instagram! Find us at *stsusannacafe*.

2025-2026 Pricing

How do I get the best value?

Buying a “meal” is the most cost effective purchase. When you get a meal, you get one entrée, plus two sides (which are \$0.50 each), and if purchasing milk, the milk is free. Otherwise, you are paying ala carte pricing which is \$0.70 for sides and \$0.35 for milk. So, encourage your kids to buy one entrée, two sides, and milk for the best value.

How much does a meal cost?

Price of entrée + \$.50 side + \$.50 side.

Students may purchase additional sides, at the cost of \$.50 each.

Sides: (If you do not meet the meal requirements (1 entrée and two sides), you pay \$0.70 for sides.)

- Examples of sides we might offer include: fresh or canned fruits, cooked or fresh vegetables, lettuce, yogurt cups, cheese sticks, beef sticks, fries, baked beans, Sidekicks (frozen fruit juice slushie) etc.

Hot Lunch Options	
\$2.70	Hot Lunch Entrée
Cold Grab n Go Entrees	
\$2.70	6 inch Sub or Wrap
\$2.70	Hummus, Pretzels, & cheese stick
\$2.70	Guacamole, Tostitos, & cheese stick
\$2.70	Fruit and Yogurt Parfait
\$2.70	Salami and Cream Cheese Roll-ups
\$2.00	Bagel & Cream Cheese or Butter
\$1.50	PB&J Sandwich (Uncrustables)

Drink Choices	
\$0.00	Milk (w/meal)
\$0.35	Milk (no meal)
\$0.40	Bottled Water (8 ounce)
\$0.65	Apple Juice Box
\$0.65	Fruit Punch Juice Box
\$0.65	Orange / Tangerine Juice Box
\$1.50	Propel (5 th grade and up on Fridays)

Additional Ala Carte Items:	
\$0.75	Tier 1 Snacks (fruit snacks, cookies, brownies, Gold Fish, etc.)
\$1.00	Tier 2 Snacks (Chips, Pop Tarts, Rice Krispie Treats, NutriGrain Bars)
\$1.25	Cereal
\$1.25	Ice Cream (including Gf and Nut Free options)
\$1.75	Udi's Gf Chocolate Chip Cookie
\$2.00	Sweet Street Gf Rice Krispie Treat

Funding your Students' Lunch Account

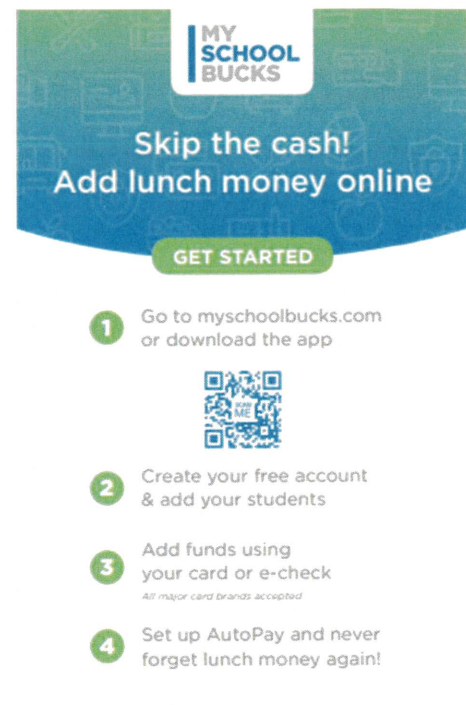
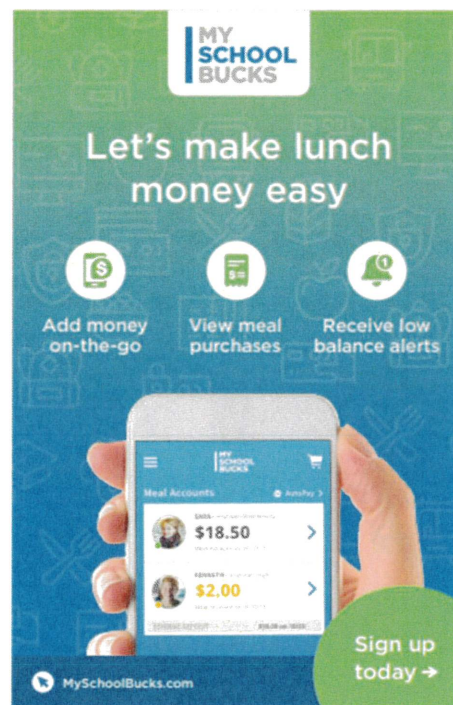
There are two methods for funding your students' lunch accounts.

- 1) Register your student's lunch accounts through www.myschoolbucks.com. You can also download the mobile app for MySchoolBucks (QR code below). This allows you to pay using a credit card. This is our preferred method, as money often gets left in backpacks. This is also the best way to ensure that your child always has money in their account.
- 2) You may send in cash or check payments, made out to "St. Susanna Hot Lunch", through the school mail. Put check or cash in an envelope. The envelope must include the following: Hot Lunch, Child's name, & Lunch account number. When sending in money for multiple children,

please specify how you want the money distributed. **We do not accept coins.**

What is my Lunch Number?

Your students will be assigned an Option C ID. This is the same number they will use for their Lunch Number and their Library Number.



Is there a fee?

MySchoolBucks charges a \$3.50 processing fee for each transaction. It is not per child, but per transaction. If you process payments for all of your St. Susanna kids all at one time, it is treated as just one transaction. You can elect to deposit as much as \$150.00 onto each of your students' accounts and process it as one transaction and it will only cost you \$3.50.

Monitoring your Students' Spending and Food Choices

All families should create a My School Bucks account, even if you prefer to pay by cash/check. By creating a My School Bucks account, you can see exactly what your child is purchasing each day.

Our kitchen provides a wide variety of healthy sides but also snacks, ice cream, drinks, and ala carte items for purchase. PLEASE speak with your child about your expectations for their lunch purchases. We prefer to not have to embarrass your kids by telling them they must put something back. Every family is different. We have some students who know they are only permitted to purchase the meal with milk. We have other families who let their kids buy whatever their child is willing to eat. If you need us to make a note on their account, we can do so. Just send us an email to lunchroom@stsusanna.org. We will do our best to enforce your rule.

Allergy Information

We receive individual student allergy information from the school nurse or from you directly. We document the information on the student's lunch account to be seen by the staff as they are checking out. We ENCOURAGE you to meet with us for product information, to see how we operate the kitchen, or just to ask any question you may have. Please schedule an appointment via email at lunchroom@stsusanna.org. If we already have your child's allergy information but you have an update for us, please let us know and we will change the child's information in our system.

Low Balance Notifications

Email notifications are sent to you from the cafeteria when account balances fall below \$5.00. This should give you sufficient time to replenish funds for the account before it reaches \$0.00. We ask that you please pay attention to these notifications. They come from the following email address: StSusanna@e-hps.com. You may need to check your junk mail folder to find them. In addition, if you have a My School Bucks account, you can also turn on or off notifications there, so you do not receive multiple emails each day.

Insufficient Funds Policy

Students must have money in their account to buy each day. When an account hits \$0.00, students may not be permitted to purchase extras such as snacks, ice cream or juice. They will always be able to purchase a meal and it will be charged to their negative account. But it can be embarrassing for them and us to tell them to put something back, so please monitor your child's lunch account balances.

Questions or Concerns

Please contact the kitchen if you have any question via our email at lunchroom@stsusanna.org. This is the quickest and best way for us to respond to any questions you have. We check our emails throughout the school day. We serve lunch from 10:45am-1:30pm and, during that time, responses may be delayed.



St. Susanna
Parish School

Lunch Carb Count and Allergen Information

FOOD ITEM	CARB COUNT	MILK	EGGS	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SESAME
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Bacon, Egg, Cheese Bagel

Bagel	41	✓	✓		✓		✓	✓	✓
Bacon	0								
Egg	1	✓	✓					✓	
Cheese	2	✓						✓	
Hashbrown	12							✓	

Bavarian Pretzel Sticks

Pretzel Sticks (2)	62						✓		
Nacho Cheese Sauce	4	✓						✓	

Boneless Wings

(5-8 Grade) qty 7 wings	24.5						✓		
(3-4 Grade) qty 6 wings	21						✓		
(K-2 Grade) qty 5 wings	17.5						✓		
Buffalo Sauce (2 oz)	0	✓							
BBQ Sauce (2 oz)	34								

Cheese Filled Breadsticks

BreadSticks (2)	54	✓					✓		
Pizza Sauce	5								

Cheese Quesadilla

Tortilla	33	✓					✓		
Cheese	4	✓							



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Parish School

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-----------	------------	------	------	-----------	-----------	---------	-------	-----	--------

Chicken Noodle Soup and Roll

Chicken Noodle Soup (1 cup)	12		✓				✓	✓	
Roll (1)	31	✓	✓				✓	✓	

Chicken Nuggets

(5-8 Grade) qty 8 nuggets	22.4						✓	✓	
(K-4 Grade) qty 6 nuggets	17						✓	✓	
Mashed Potatoes	23	✓							
Corn	8	✓							

Chicken Sandwich

Chicken	15	✓					✓	✓	
Bun	27						✓		✓
Smiley Fries (5)	25								

Chicken Tenders

(5-8 Grade) qty 3 tenders	18						✓	✓	
(K-4 Grade) qty 2 tenders	12						✓	✓	
Smiley Fries (5)	25								

Corn Dogs (Mini)

(5-8 Grade) qty 8 corn dogs	40		✓				✓	✓	
(K-4 Grade) qty 6 corn dogs	30		✓				✓	✓	



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-----------	------------	------	------	-----------	-----------	---------	-------	-----	--------

Grilled Cheese on Pretzel Bun

Pretzel Bun	39	✓					✓	✓	
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Hamburger/Cheeseburger

Burger	0								
Bun	27						✓		✓
Cheese	1	✓						✓	
Waffle Fries (1 cup)	19						✓		

Hot Dog / Coney Dog

Hot Dog	1								
Bun	21						✓		✓
Chili	2								
Cheese	1	✓							
Oyster Crackers (1 Package)	11	✓					✓	✓	

Mac & Cheese with Fish Sticks

Mac n cheese (1 cup)	48	✓					✓		
Fish Sticks (2)	11	✓		✓			✓	✓	

Nachos

Chips	44	✓						✓	
Meat	3								
Cheese	4								



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-----------	------------	------	------	-----------	-----------	---------	-------	-----	--------

Orange Chicken with Rice

Orange Chicken (4oz)	26		✓				✓	✓	
Jasmine Rice	24	✓							
Spring Rolls	13.5						✓		✓

Pancakes & Bacon

Pancakes (3)	45	✓	✓				✓	✓	
Bacon (2)	0								
Syrup	30								
Butter	0	✓							

Pasta w/ Alfredo

Pasta (2 oz)	48						✓		
Alfredo	5	✓					✓	✓	
Breadstick (1)	15	✓					✓		

Pasta w/ Meatballs & Marinara

Pasta (2 oz)	48						✓		
Meatballs (2)	5	✓					✓	✓	
Marinara	5								
Breadstick (1)	15	✓					✓		

Pizza

Dominos - 1 slice	36	✓					✓	✓	
Marcos - 1 Slice	31						✓		
Jets - 1 Slice	40	✓					✓		



St. Susanna
Parish School

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-----------	------------	------	------	-----------	-----------	---------	-------	-----	--------

Sausage, Egg, Cheese Biscuit

Biscuit	35	✓					✓		
Egg	1	✓	✓					✓	
Sausage	1								
Cheese	2	✓							

Taco in Bowl

Fritos (1.5 oz)	24								
Beef (3 oz)	4.5							✓	
Chicken (3 oz)	6							✓	
Cheese	1	✓							
Rice (1/4 cup)	13	✓							
Black Beans	12								
Salsa (2 oz)	6								

Grab &Go

Subs (Turkey/Salami & Cheese)	32	✓	✓				✓		✓
Chips and Guacamole	30						✓		
Pretzels	23						✓		
Hummus	9								
Colby Jack Cheese Stick	1	✓							
Plain Bagel	57	✓	✓		✓	✓	✓	✓	✓
Blueberry Bagel	58	✓	✓		✓	✓	✓	✓	✓
Uncrustable	32					✓	✓		
Anytimers Pizza	34	✓					✓	✓	
Twist&Go Yogurt Smoothie	36	✓							



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Take 2 Sugar Cookies	18	✓	✓		✓	✓	✓	✓	
Sienna Bakery Cookies	23	✓	✓		✓	✓	✓	✓	

Other Possible Sides

Potato Casserole (1 scoop)	20						✓	✓	
Onion Rings (6)	24	✓					✓	✓	
Baked Beans	18								