



Sandra Yens <office@uufh.org>

UUFH Happenings in a Flash!

Unitarian Universalist Fellowship of Huntington <info-uufh.org@shared1.ccsend.com>

Thu, Sep 25, 2025 at 11:31 AM

Reply-To: info@uufh.org

To: office@uufh.org



**The Weekly
Fellowship Flash**
September 25, 2025

This Week's Service – 10:30 AM Sunday



We live in a season of turning, when old patterns unravel and certainties slip away. Yet belonging takes root even here—not in control, but in the deeper promise of love. This Sunday, we'll reflect on how belonging binds us to one another and to something greater, as love weaves through the loose threads and holds us in the midst of it all.

Join us in person or online.

[Click Here for Online Zoom Link to Sunday Service](#)

Find Your Passion at Our Volunteer Fair!
Sunday, September 28 after the service

Looking for a way to show your love for the UUFH and our larger community while making new friends? We've got you covered! Right after the September 28th service, members of our many vibrant committees will be on hand to tell you all about the various opportunities to participate in Fellowship life. Help grow our gardens, grow our membership, care for our castle, care for our kids ... the opportunities are endless! If you head up one of our committees, please reach out to Jenna Kern-Rugile at jennarugile@gmail.com to reserve a table at the fair. It takes a village!

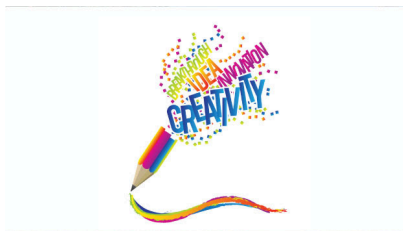
This Week's Events

Notes & Nirvana Meditative Piano and Sound Bath with Andrea Gonnella, UUFH Member Friday, September 26 from 7:30 to 8:45 at Absolute Yoga in Woodbury

Immerse yourself in a calming blend of meditative piano and therapeutic sound bath elements. This restorative workshop combines live, improvised piano with the soothing vibrations of crystal bowls, chimes, and other resonant instruments to create a deeply relaxing, mindful experience. Perfect for stress relief, inner focus, or simply slowing down.

Sign up at this link:

https://absoluteyogastudio.com/workshops/?mobile=false&options%5Bids%5D=2493&options%5Bsite_id%5D=28359&version=0



Creativity as Spirituality Group

Saturday, September 27 from 10 am - 12 pm

Calling everyone who loves creativity! This open multigenerational group (for anyone from age 10 to 110!) meets to both create and to discuss a monthly theme from 10 am to noon. Please email [Danielle Burby](mailto:Danielle.Burby@uufh.org) if you're interested in attending. It is a relaxed way to begin the weekend and

have fun together.

Patricia Shih "Farewell Concert for LI Cares" Saturday, September 27 at 7 pm at UUFH

Patricia Shih will have her "Farewell Concert for LI Cares" on Saturday, September 27 at 7 pm at UUFH. Suggested donation \$25 + non perishable food item. Silent auction! Free refreshments!! Look for her flyer in the UUFH Art Gallery.



Mor Keshet's - The ECO ART of Emotional Resilience Monday, September 29 (beginning of a 6 week course)

A 6-week immersive course for therapists, coaches, and changemakers ready to alchemize climate emotions into clarity, connection, and strength. The course is fully virtual. Find out more information here:

<https://www.morkeshet.com/offerings>

Upcoming Events

9th Annual UUFH Pumpkin Patch**Let's Set Up the Pumpkin Patch****Tuesday, September 30 - SET UP (rain date Oct. 1st)****Saturday, October 4 - UNLOADING & start of sales**

Don't miss your opportunity to join in the fun of setting up our Pumpkin Patch next week. We need all hands on deck and any trucks available to help transport items to the American Legion Hall on:

Tuesday, September 30th at 3:30 PM (rain date Oct. 1st)

Then come on down to the Patch to kick off our season!

Unloading: Saturday, October 4th at *8:30 AM

Our Patch will be open from October 4th - 31st and we'll be needing volunteers for sales on weekdays from noon to dark and weekends from 10:00 am to dark. This is a wonderful opportunity to enjoy the camaraderie of other Fellowship members while building community with our neighbors. The Patch will again be located on the property of the American Legion Hall at [1 Mill Dam Road Huntington](#).

Sign up sheets will be available at our table in the Social Hall after the service.

For sign-ups online: bit.ly/uufh or the scan the QR code.

*Please be sure to use the Sign up Genius so we can let you know of any last minute delivery time changes.

For more information, visit: <https://www.uufh.org/pumpkin-patch>



Scan me

**UUFH Decade Birthday Party - Aged to Perfection!****Saturday, October 4 from 6 to 10 pm**

The deadline is almost here!

Sunday, September 28th is the last day to purchase tickets for the birthday party.

We hope **everyone** will join us for the UUFH Decade Birthday Party on Saturday, October 4th from 6 to 10pm, whether it is your decade birthday, or not. See the details.

You can purchase tickets during coffee this coming Sunday or online.

We hope you will join us for this big celebration, but remember you must purchase your ticket by Sunday,

September 28.

Tickets are available at <https://auctria.events/DecadeParty>

Announcements

Inspire Today's Youth at UUFH! Join Teaching at the UUFH's Sunday School!

Inspire and teach the next generation of Unitarian Universalists by volunteering to be a UUFH Religious Education teacher! All grades and ages of children and youth are available to teach. If you haven't taught before, this is a terrific way to serve the congregation and get to know the UUFH children and youth. Please email [Sandra Yens](#), the Acting Sunday School Coordinator, with your interest. All applicants are required to fill out an application and authorize the UUFH to conduct a background check. You must have been attending UUFH for at least one year before you can teach. Thank you for your interest in teaching our UUFH children!

Thank you to all of the UUFH Sunday school teachers! You are making a difference! You are seen, loved, and appreciated.

Dinner on Thursdays

Join our Thursday night dinner group. Every first and third Thursday we eat out at a different restaurant at 5:30. Interested? Just get on the mailing list and choose when you want to eat out with fellowship friends. Contact [Susan Peters](#).

Check the UUFH Website!

Be sure to check the [UUFH website](#) for the latest information, including the Board of Trustees' monthly minutes (for members only).

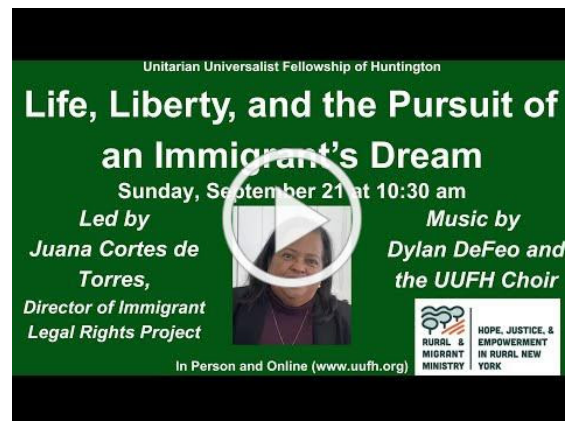
UUFH Office Hours for Next Week - September 29 - October 3

The UUFH Office will be open on Tuesday, Wednesday, and Thursday for next week. Please call 631-427-9547 or email office@uufh.org if you have any questions.

View Previous Services on YouTube

You can always find the last four services [on our website](#), or, please subscribe to [our YouTube channel](#)!

[View the September 21, 2025 Service:](#)



September Split Plate



PRONTO Long Island

Serving People in Need With Basic Human Services Since 1969, Pronto Long Island, Inc. began serving the needy in the basement of St. Anne's Church in Brentwood over 55 years ago. While Pronto Long Island, Inc.'s origin is faith-based, we are a non-denominational non-profit 501C3 that serves anyone in need of basic human services. Over the years, we moved to a storefront in a shopping mall in Brentwood before settling into the little white house in Bay Shore. In 2005, we built our new ten thousand-square-foot facility on Pine Aire Drive in Bay Shore. Pronto Long Island, Inc.'s mission is: No matter what location, Pronto Long Island, Inc. has stayed true to our mission of helping people in need with dignity and respect. "to feed the hungry, clothe the needy, welcome the stranger, and provide healing and hope to everyone who walks through our doors."

Nominations Needed for UUFH Split Plate, [click here to download the form and recommend a charity](#).

To learn more about our Split Plate program, visit <https://www.uufh.org/faith-in-action/in-the-community/split-plate/>

Contacts

STAFF EMAILS

Rev. Israel Buffardi, Minister - minister@uufh.org

Dylan DeFeo, Music Director - music@uufh.org

Sandra Yens, Office Director/Sunday School Coordinator - office@uufh.org

Visit our Website



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