
UUFH Happenings in a Flash!

Unitarian Universalist Fellowship of Huntington <info-uufh.org@shared1.ccsend.com>

Thu, Jul 9, 2026 at 11:31 AM

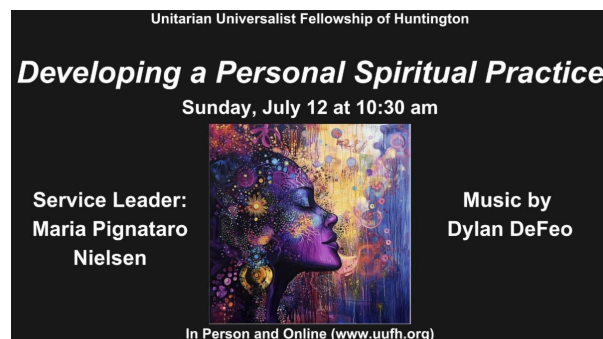
Reply-To: info@uufh.org

To: office@uufh.org



The Weekly Fellowship Flash

July 9, 2026



Developing your own personal spiritual practice can help to clarify your values, support you during difficult times, provide emotional stability, cultivate self-awareness, and deepen your connection to your spiritual life. Whether you are traditionally religious, agnostic, or simply seeking greater meaning and engagement in life, come learn about the varieties of spiritual practice available to you, whether contemplative, nature-based, creative, physical, or community-based.

Join us in person or online
For online - please see the zoom link below.

[Click Here for Online Zoom Link to Sunday Service](#)

From Rev. Israel Buffardi

Gone to Seed

Rev. Israel is on study leave from July 7 through August 3. Study leave is work done away from the office: it's when the fall services and the new program year get built. He's available August 4 through 16 for fall prep and Bill Houck's memorial on the 15th, then on vacation through August 31, and back in the office September 1. Sunday services run all summer with our worship associates and guest speakers. For pastoral emergencies, call the office; Sandra will reach the Pastoral Care chair or board president, who know how to reach him.

Before You Scatter

New for this year's Ingathering, and worth a spot in your beach bag: wherever the season takes you, your backyard included, collect a little water and one small found thing, a stone, a shell, a pinecone, some piece of where you've been. Bring them on Sunday, September 13, when we start the new year together. The water will get poured into a common well, every trip and tap and garden hose in it, the way many of us have done in Septembers past. The found things are the new part: stones and shells will go into the water, and anything that shouldn't swim, pinecones included, gets scattered around the well's base. All year at Moments of the Heart, those stones will be within reach, because what we carry, we carry together. Our theme for the new year is Love at the Center, and this is the center getting built from things you can hold: your July in a jar, your beach in your pocket.

That same Sunday, the hour after worship gets a new job. We're making it part of the morning itself: food and coffee, things to make and do, real time with each other. Come for the service, plan to stay.

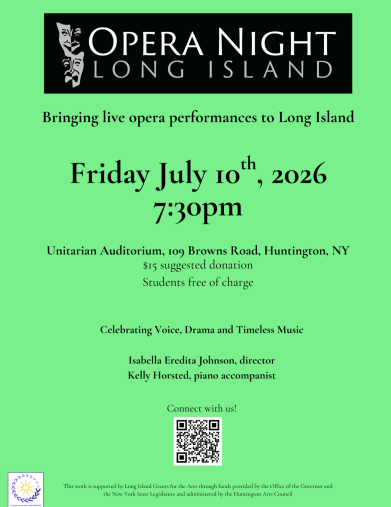
This Week's Events

Opera Night, Long Island Friday, July 10 at 7:30 pm

Opera Night, Long Island (ONLI) is a nonprofit organization providing the Island's only live opera series. Our professional, classically trained singers perform excerpts from opera, operetta, art songs, and musical theater with piano accompaniment. ONLI presents monthly programs and is under the direction of Isabella Eredita Johnson.

Doors open at 7:00 pm, and the program begins at 7:30 pm. There is a \$15.00 donation at the door, (students enter for free).

For more information, visit www.operanight.org or email vivaldi222@aol.com.

A green poster for Opera Night Long Island. At the top is a black box with a white mask icon and the text "OPERA NIGHT LONG ISLAND". Below this, it says "Bringing live opera performances to Long Island". The date and time "Friday July 10th, 2026 7:30pm" are prominently displayed. The location "Unitarian Auditorium, 109 Browns Road, Huntington, NY" and donation information "\$15 suggested donation Students free of charge" are listed. It also mentions "Celebrating Voice, Drama and Timeless Music" and lists "Isabella Eredita Johnson, director" and "Kelly Horsted, piano accompanist". A QR code is present with the text "Connect with us!". At the bottom left is a small circular logo, and at the bottom right is a small line of text: "This work is supported by Long Island Grants for the Arts through funds provided by the Office of the Governor and the New York State Legislature and administered by the Huntington Arts Council".

**OPERA NIGHT
LONG ISLAND**

Bringing live opera performances to Long Island

**Friday July 10th, 2026
7:30pm**

Unitarian Auditorium, 109 Browns Road, Huntington, NY
\$15 suggested donation
Students free of charge

Celebrating Voice, Drama and Timeless Music

Isabella Eredita Johnson, director
Kelly Horsted, piano accompanist

Connect with us!



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UUFH Art Gallery News Sunday, July 12 from 12 - 2 pm

Please welcome Pamela Waldroup this month in the gallery. Her photography show called "Harmony and Structure" quite interesting. Her opening will be this coming Sunday, July 12 from

12 to 2 pm.

Upcoming Events



World Cup Final Watch Party Sunday, July 19 beginning at 2 pm

Watch the World Cup Final at UUFH! For UUFH members and their invited guests only.

Venmo Bryce Klatsky at @Bryce-Klatsky \$10 for the pizza that will be ordered.

Please see the flyer attached.

Announcements

Sign Up to Teach UUFH Religious Education for 2026-2027!

Teach the next generation of Unitarian Universalists by volunteering to be a UUFH Religious Education teacher! All grades and ages of children and youth are available to teach. If you haven't taught before, this is a terrific way to serve the congregation and get to know the UUFH children and youth. Please email [Sandra Yens](#), the Religious Education Coordinator, with your interest. All applicants are required to fill out an application and authorize the UUFH to conduct a background check. You must have been attending UUFH for at least one year before you can teach. Thank you for your interest in teaching our UUFH children!

Thank you to all of the UUFH Religious Education teachers! You are making a difference! You are seen, loved, and appreciated.

Check the UUFH Website!

Be sure to check the [UUFH website](#) for the latest information, including the Board of Trustees' monthly minutes.

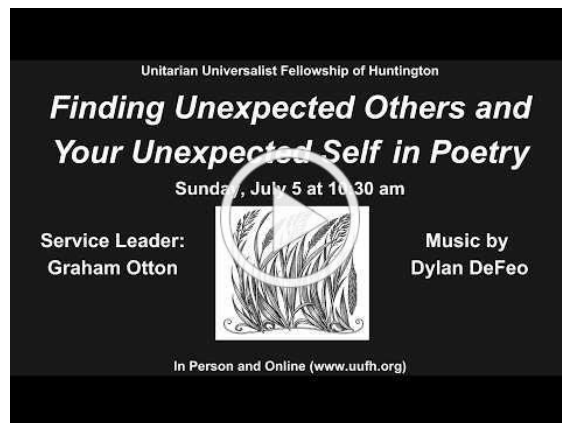
UUFH Office Hours for Next Week - July 13 - 17

The UUFH Office will be open Tuesday, Wednesday, and Thursday. Please call the UUFH Office at 631-427-9547 and/or email office@uufh.org if you have any questions.

View Previous Services on YouTube

You can always find the last four services [on our website](#), or, please subscribe to [our YouTube channel](#)!

[View the July 5, 2026 Service:](#)



July and August Split Plate



Long Island Cares

Founded by the late Harry Chapin in 1980, Long Island Cares – The Harry Chapin Food Bank has worked for more than four decades to ensure that no Long Islander goes hungry. Today, that mission is more critical than ever.

As the cost of living continues to rise, families are facing impossible choices. The price of groceries has climbed dramatically, transportation costs remain high, and household budgets are stretched beyond their limits. More and more people are walking through our doors who never imagined they would need help putting food on the table. Hunger does not discriminate, and in this moment, helping our neighbors is a revolutionary act of compassion.

At the same time, many of the safety nets families rely on are under strain. Changes to public benefit programs, reductions in social service funding, and growing fear and uncertainty within immigrant communities are increasing the demand for emergency food assistance across Huntington Station and beyond.

Any funds raised through this congregation's split plate offering will directly support the Long Island Cares Huntington Station Food Pantry, helping provide nutritious food and essential support to local children, families, veterans, seniors, and individuals experiencing hardship. The Huntington community has always responded with humility, generosity, and grace when neighbors are in need, and that spirit is needed now more than ever.

The staff, volunteers, and neighbors of Long Island Cares Huntington Station thank the Unitarian Universalist Fellowship of Huntington for your compassion, partnership, and commitment to building a community where everyone has enough to eat.

To learn more about our Split Plate program, visit <https://www.uufh.org/faith-in-action/in-the-community/split-plate/>

To donate to the Split Plate, visit <https://onrealm.org/UUFH/-/form/give/UUFHdonations>

Contacts

STAFF EMAILS

Rev. Israel Buffardi, Minister - minister@uufh.org

Dylan DeFeo, Music Director - music@uufh.org

Sandra Yens, Office Director/Religious Education Coordinator - office@uufh.org

Visit our Website



Unitarian Universalist Fellowship of Huntington | 109 Brown's Road | Huntington, NY 11743 US

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