



## S1E4 - SELF-CONTROL

*"But when the Holy Spirit controls our lives, He will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."* Galatians 5:22-23 (NLT)

**SELF-CONTROL = EGKRATEIA** - holding oneself in, \_\_\_\_\_ strength, it's temperance or restraining passions and appetites

*"A person without self-control is as defenseless as a city with broken-down walls."* Proverbs 25:28 (NLT)

### RECOGNIZE THE PROBLEM

- \_\_\_\_\_
- Trying to \_\_\_\_\_ the problem

### RECOGNIZE THE PLAN

#### 1. I MUST GO \_\_\_\_\_ THE SURFACE

Digging spots...

- I am not a \_\_\_\_\_

*"Sin is no longer your master, for you are no longer subject to the law, which enslaves you to sin. Instead, you are free by God's grace."* Romans 6:14 (NLT)

- \_\_\_\_\_ deep questions

16 "I pray that from His glorious, unlimited resources He will give you mighty inner strength through His Holy Spirit. 17 ...May your roots go down deep into the soil of God's marvelous love. 18 And may you have the power to understand... how wide, how long, how high, and how deep His love really is. 19 May you experience the love of Christ... then you will be filled with the fullness of life and power that comes from God." Ephesians 3:16-19 (NLT)

#### 2. GATHER \_\_\_\_\_ TO HELP

*"Fools think they need no advice, but the wise listen to others."*  
Proverbs 12:15 (NLT)

#### 3. YOU'VE GOT TO \_\_\_\_\_ ALL UP

*"For when I tried to keep the law, I realized I could never earn God's approval. So I died to the law so that I might live for God. I have been crucified with Christ. I myself no longer live, but Christ lives in me. So I live my life in this earthly body by trusting in the Son of God, who loved me and gave Himself for me."* Galatians 2:19-20 (PT Paraphrase of NLT)

To develop self-control I must realize that I \_\_\_\_\_ do it on my own.

I must believe that God can do it and I must be \_\_\_\_\_ to let Him!

#### 2024 IS MY YEAR OF DESTINY ALIGNMENT AND GREAT POSSIBILITIES

This year, 2024, I walk by faith and not by sight. I initiate new things in my life as Holy Spirit positions me for open doors, divine favor, optimal protection, abundant supply, supernatural health, and prosperity.

I step out of my comfort zone, out of confinements, out of fears and doubts as I journey with the Lord!

I align my faith with God's power and I submit my will to the leading of Holy Spirit.

This year, I refuse to look at the things which are seen, for the things that are seen are temporal but the things which are not seen are eternal.

Holy Spirit goes before me to break down oppositions, obstacles, and confinements, allowing me to pass through and overcome every blockage.

This year, Holy Spirit is out in the front, leading me to **BRING HOPE AND IMPACT MY COMMUNITY BY LEADING PEOPLE INTO A GROWING RELATIONSHIP WITH JESUS.**

2024 is my Year of Destiny Alignment and Great Possibilities. Hallelujah!