

# ABILITIES

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Check the following abilities you feel you have:

- ☐ **ADMINISTRATION**  
*The ability to govern, run, rule*
- ☐ **ANALYZING**  
*The ability to examine, investigate, probe, evaluate*
- ☐ **COUNTING**  
*The ability to work with numbers, data, or money*
- ☐ **EDITING**  
*The ability to correct, amend, alter, improve*
- ☐ **OPERATING**  
*The ability to run mechanical or technical things*
- ☐ **ORGANIZING**  
*The ability to simplify, arrange, fix, classify, coordinate*
- ☐ **PLANNING**  
*The ability to arrange, map out, prepare programs and events*
- ☐ **REPAIRING**  
*The ability to fix, mend, restore, maintain*
- ☐ **RESOURCING**  
*The ability to furnish, provide, deliver materials or resources*

- ☐ **ARTISTIC**  
*The ability to conceptualize, picture, draw, paint, photograph, or make renderings*
- ☐ **BUILDING**  
*The ability to construct, make, assemble*
- ☐ **COMMUNICATING**  
*The ability to share, convey, impart*
- ☐ **COMPOSING**  
*The ability to write music with or without lyrics*
- ☐ **COOKING**  
*The ability to prepare, serve, feed, cater*
- ☐ **DECORATING**  
*The ability to beautify, enhance, adorn a space*
- ☐ **GRAPHICS**  
*The ability to layout, design, create visual displays*
- ☐ **LANDSCAPING**  
*The ability to garden, plant, improve*
- ☐ **MUSICAL**  
*The ability to sing or play a musical instrument*
- ☐ **THEATRICAL**  
*The ability to dance or act*
- ☐ **WRITING**  
*The ability to create and record thoughts and ideas*

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Check the following abilities you feel you have:

- ☐ **COACHING**  
*The ability to prepare, instruct, train, equip, develop*
- ☐ **CONNECTING**  
*The ability to link together and relate people to one another*
- ☐ **COUNSELLING**  
*The ability to guide, advise, support, listen, care sensitively*
- ☐ **INFLUENCING**  
*The ability to affect, sway, shape, change*
- ☐ **MENTORING**  
*The ability to advise, guide, teach with wisdom*
- ☐ **LEADING**  
*The ability to pave the way, direct, excel*
- ☐ **PROMOTING**  
*The ability to sell or sponsor*
- ☐ **SERVING**  
*The ability to help, assist, fulfill*
- ☐ **TEACHING**  
*The ability to explain, demonstrate, tutor*
- ☐ **WELCOMING**  
*The ability to entertain, greet, embrace, make comfortable*

- ☐ **ENGINEERING**  
*The ability to construct, design, plan*
- ☐ **FACILITATING**  
*The ability to help, aid, assist, make possible*
- ☐ **IMPLEMENTING**  
*The ability to apply, execute, make happen*
- ☐ **INTERVIEWING**  
*The ability to discover what others are really like*
- ☐ **MANAGING**  
*The ability to handle details and oversee people to accomplish a task or event*
- ☐ **NEGOTIATING**  
*The ability to discuss, consult, settle*
- ☐ **PIONEERING**  
*The ability to bring about something new, groundbreaking, original*
- ☐ **RECRUITING**  
*The ability to engage and motivate people to get involved*
- ☐ **STRATEGIZING**  
*The ability to think ahead, calculate, scheme*

List your top 5 abilities in order of your preference:

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_