

The
Ark
Church

21 Days

PRAYER & SCRIPTURE



Getting Started

Mark 1:35

The next morning, Jesus got up long before daylight, left the house while it was dark, and made his way to a secluded place to give himself to prayer.

Have A Set Time

Jesus got up early before the distractions of the day could steal His focus. Set a time in your day to encounter God in prayer. Whether it's in the morning, midday, or in the evening, set it and stick to it.

Have A Set Place

Jesus went to a secluded place so He could give God his full attention. Pick a place that gives you the freedom to engage with God in prayer and worship. And if you're really daring - don't bring your cell phone.

Have A Set Expectation

Jesus gave Himself to prayer. He expected God to meet Him, and move on His behalf. In prayer, there is power. Give yourself to it. Expect God to meet you, and move!



Understanding Prayer

Matthew 7:7

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”

Too often prayer is overcomplicated to a place of misunderstanding. Throughout Scripture, we continually see three simple elements that are foundational to our prayer relationship with God.

We Talk To God

Jesus said to ask. In prayer, we talk with God. Whether we're telling Him about our day, praying through a list, or desperately asking Him for something, God expects to hear us in prayer. Don't be shy, He's excited for you to talk to Him.

God Talks To Us

When we seek Him, we find Him. God is ready to engage with us in prayer. The beauty of prayer is God's desire to hear us and respond to us. Make time in prayer to be sensitive to His voice.

He Opens Doors

If you want it in the natural, start praying about it in the supernatural. God moves through prayer. Our power is in prayer. Pray with the expectation that God's power is ready to unleash in your life.



Praying Scripture

John 4:24

“God is spirit, and those who worship him must worship in spirit and truth.”

The Bible is one of the best guide books we have for prayer. Praying Scripture is a great way to declare the promises of God according to His heart. In the Old Testament, the Children of Israel prayed Scripture when confessing their sins (Neh. 9). In the New Testament, when the church experienced victory and Peter was released from prison, they prayed Scripture. Paul often prays Scripture from the OT. When tempted, Jesus' response was Scripture.

Learning to pray Scripture regularly brings the Truth connection of God's Word into unity with the Spirit connection of our hearts, creating a dynamic communion relationship with God.

The Plan	The Exchange	The Method
Set A Time Set A Place Set An Expectation	Talk to God God Talks to You Experience His Power	Read Scripture Pray Scripture Connect with God



01 Fullness Of Joy

Psalm 16:11

*You make known to me the path of life;
in your presence there is fullness of joy;
at your right hand are pleasures forevermore.*

Father, you make known to me the path of life. I'm never directionless when I'm following you. I find purpose in you. I find hope in you. I find life in you. The fullness of joy is in your presence. The greatest delight I could ever experience is in you. Help me stay focused on your path for me, on your presence, and your promises for me.

My fullest joy is found in God's presence.

02 Pour Out Your Heart

Psalm 62:8

*Trust in him at all times, O people;
pour out your heart before him;
God is a refuge for us.*

Father, I pour my heart out to you, because you are a refuge, a place of safety, a place of trust, a place of confidence, a place of hope. I pour out my desires to you, my longings to you, my wants, my needs, my dreams, my visions, my whole heart is in your hands. Thank you that I can trust you with the deepest places of my life. You protect me. You surround me. I will trust you at all times.

My heart is safe in God's hands.

03 Experience Life-Giving Light

John 8:12

Then Jesus said, "I am light to the world and those who embrace me will experience life-giving light, and they will never walk in darkness."

Father, thank you that I will never walk in darkness! Your light leads me. Your light gives me life. I can see clearly when walking in your light. I'm never lost in your light. I'm not forgotten in your light. Keep my eyes focused on your light. Keep my mind focused on your light. Remove all the lies of darkness. In you, there is only light, and that light gives life!

Life-giving light keeps me from darkness.

04 So You Also Are Complete

Psalm 62:8

*Trust in him at all times, O people;
pour out your heart before him;
God is a refuge for us.*

Father, I pour my heart out to you, because you are a refuge, a place of safety, a place of trust, a place of confidence, a place of hope. I pour out my desires to you, my longings to you, my wants, my needs, my dreams, my visions, my whole heart is in your hands. Thank you that I can trust you with the deepest places of my life. You protect me. You surround me. I will trust you at all times.

My heart is safe in God's hands.

05 | Given To Us in Christ Jesus

Philippians 4:19

“And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.”

Father, your supply is far greater than my needs could ever be! You are more. You have more. And you can do abundantly more! All my needs are met from your glorious riches given to me in Christ. I rejoice in your provision, abundance, and satisfaction. You are glorious. Your riches are glorious. Your Word is glorious. And you take care of me!

All my needs are supplied through Christ.

06 | Share That Joy

Philippians 2:17-18

But I will rejoice even if I lose my life, pouring it out like a liquid offering to God, just like your faithful service is an offering to God. And I want all of you to share that joy. 18 Yes, you should rejoice, and I will share your joy.

Father, I rejoice in you because you're better than life. I offer my life to your purpose and glory. Thank you for the opportunity to serve you. My service is an offering of complete joy. I rejoice! I'm so thankful that I can become more like you through serving. Help me to develop a heart to serve you more. Make me a living offering for you.

I will serve the Lord with complete joy!

07 Woke Up In Safety

Psalm 3:5

*I lay down and slept,
yet I woke up in safety,
for the Lord was watching over me.*

Father, you are the God of perfect peace, perfect rest, and perfect love. Thank you, Lord, that I can find safety in you. My rest and sleep come from the safety I experience in your presence. I pray my sleep would be full and peaceful. I pray my life would rest in the awakening of your safety. Thank you, Lord, that you are watching over me and caring for me.

The Lord is always watching over me.

08 Be Pleasing To You

Philippians 2:17-18

*May the words of my mouth
and the meditation of my heart
be pleasing to you,
O Lord, my rock and my redeemer.*

Father, I pray the words of my mouth would be pleasing to you. Give me a conscious awareness of the words that I speak. Give me a Holy Spirit sensitivity to ensure every word from my mouth pleases you. Let my heart long for you, Lord. I pray my heart's meditations and desires would only represent all you have for me. You are my Rock, my Redeemer!

My heart and mouth will confess the goodness of God!

09 | Don't Worry About Anything

Philippians 4:6

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

Father, I commit to pray first! I'll pray about everything. My answer to the challenges and worries of life won't be stress, it will be to pray. Prayer will be my battle cry to combat the worry that's trying to attack me. Thank you for all you have done to bring me to this point. I trust you with my past, present, and future.

I will thank God for everything He has done.

10 | He is Faithful and Just

1 John 1:9

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

Father, you are faithful and just. I confess to you any sin in my life, sin in my past, and areas I haven't trusted you. I confess it all to you and trust in you. You are faithful, and even when I don't deserve it, you forgive me. You cleanse me. You removed all wickedness from me. Thank you, Lord, for the new life I have in you!

I am cleansed of all wickedness and am new in Christ.

11 I Will Answer You

Jeremiah 33:3

'Call to me and I will answer you and tell you great and unsearchable things you do not know.'

Father, thank you for answering me. Thank you for allowing me to call to you. You're not a God that's out of touch, you're my God, intimately involved in my life. Thank you for the answers I can find in you. All my hope is in you. You have unsearchable things and you reveal great things to me when I call upon you. Answer me, Lord, I'm calling out to you.

The answers I'm searching for are found in God.

12 He Heard My Voice

Psalms 18:6

*In my distress I called to the Lord;
I cried to my God for help.
From his temple he heard my voice;
my cry came before him, into his ears.*

Father, in stress I will call out to you. You are the source and the supply of my help. Thank you for always hearing me. You hear my call, you hear my cry. My voice enters your ears. I pray you would hear me, and help me, and continue to lead me. You are my God who hears.

My cries for help are heard by the Lord.

13 Whom Shall I Fear?

Psalm 27:1

*The Lord is my light and my salvation—
whom shall I fear?*

*The Lord is the stronghold of my life—
of whom shall I be afraid?*

Father, you are my light and my salvation. I am led by you and saved by you. In your light and salvation, there is no fear. You are the stronghold of my life. My protection is in you. I am afraid of nothing when I'm protected in the stronghold of your salvation. Thank you, Lord, that I can live without fear. I don't fear. I'm not afraid. I'm saved!

Jesus is the stronghold of my life!

14 Saves Those Who Are Crushed

Psalm 34:17-18

*The righteous cry out, and the Lord hears them;
he delivers them from all their troubles.*

*The Lord is close to the brokenhearted
and saves those who are crushed in spirit.*

Thank you, Lord, that you hear me. You are close to me. You heal the brokenhearted. In you the broken become whole. Thank you, Lord, that I find renewal in you. The crushed are saved in you. Nothing that happens to me, or has happened to me, can keep me broken. You repair the broken, you restore the crushed.

I'm free from all my troubles because of Christ!

15 Seek His Face Always

1 Chronicles 16:11

*Look to the Lord and his strength;
seek his face always.*

Father, I will always seek your face. My eyes look to you and your strength. In you, I see all the strength I need. Remove anything from my life that would blind me to your strength and power. Renew my focus on you. Bring clarity to my sight. Don't allow anything to distract me from my focus of your goodness and grace in my life.

My eyes are fixed on the Lord's strength!

16 The Eyes of Your Heart

Ephesians 1:18

I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people,

Father, I pray the eyes of my heart would be opened to know more of my hope that is found in you. Give my heart a 20/20 vision. Show me your riches and glory. I pray for clarity, sensitivity, and magnification of sight in you. Show me more. Take me to a new place of enlightenment in you. I want to see you in everything.

I will stay focused on the hope the Lord has called me to.

17 Pray For Those

Matthew 5:44

But I tell you, love your enemies and pray for those who persecute you....

Father, I pray for those who have hurt me. Those who have persecuted me. Those who have talked bad about me, misrepresented me, gossiped about me, and told lies about me - I pray my heart would forgive them and they would be drawn closer to you. I pray you would bless them. Heal the hurts of their hearts. Give me freedom, and give them grace.

I won't live in bitterness, unforgiveness, and hurt. I'll pray.

18 The Spirit is Willing

Matthew 26:41

"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

Father, I thank you that your spirit in me is willing. My flesh is weak, but you're stronger than my flesh. I'm stronger than my flesh when I'm walking in the Spirit. When I'm tempted, bring me back to a place of prayer. Build my strength through prayer. Keep me from temptation through prayer. Protect me from the lure of the enemy through prayer. I'm strong in the Spirit.

I won't fall into temptation when I'm submitted to prayer.

19 The Prayer of The Upright

Proverbs 15:8

*The Lord detests the sacrifice of the wicked,
but the prayer of the upright pleases him.*

Father, protect me from the mentality that prayer is all about me. Prayer is about you. Prayer pleases you. I want to live in prayer. I want to pray more. My greatest joy from prayer is communion with you. My heart is to please you and honor you. I will rest in prayer. I pray you find great pleasure in my devotion to prayer. Help me to be a person of prayer.

I'll please the Lord through devotion to prayer.

20 But Be Transformed

Romans 12:2

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Father, I will not be conformed to this world. I resist every temptation and lie that tries to mold me into something other than what you have called me to be. Renew my mind so I can be transformed by you. Protect my mind. Your will is perfect, you are good. Help me to remain in your will through the renewal of my mind. Clear all ungodly thoughts. Fill my mind with your truth.

I'm transformed because my mind is new.

21 Faithful In Prayer

Romans 12:12

Be joyful in hope, patient in affliction, faithful in prayer.

Father, I pray my joy would always rest in the hope I have through Christ. All my hope is in You. I pray I'd be patient when afflicted. Keep my mind from ungodly conclusions, and my patience strong in you. All my strength is in You. Give me a passion for prayer. Place a longing in my Spirit to love prayer. All my faith is in You.

I will be joyful, patient, and faithful in prayer. God is for me!

A message from Luke

You did it! Twenty-one days of praying Scripture. My prayer for you is two-fold: First, the Lord would ignite His Word to you as more than mere text to be read but as a power to be lived and prayers to be declared. Second, you'd develop a new passion for prayer.

If you want to see it in the natural, start in the supernatural. Where there is prayer, there is power! I pray you'll see immeasurable power in your life, from our immeasurable God, through passionate prayer.

Now keep going! Restart the booklet. Begin gathering your own Scriptures and create a prayer journal. Whatever you do, the important thing is to keep doing! Pray passionately. Pray regularly. Pray big prayers of faith. God hears you and is moving on your behalf.

The Ark Church

   @arkhuntsville

ArkHuntsville.com