

Day 2 – A Focused Heart

Scripture

Matthew 6:22–24 – “The eye is the lamp of the body... If your eye is clear, your whole body will be full of light... No one can serve two masters... You cannot serve God and wealth.”

Reflection

Jesus teaches that what we fix our eyes on directs our whole life. A clear eye fixed on God fills us with light. A clouded eye fixed on self or wealth leads to darkness. Divided loyalty is impossible; we must choose who we serve.

Illustration

Driving with a dirty windshield makes it difficult to see the way. The road has not changed, but your vision is clouded. It is a distraction that can lead to wrong turns and maybe a disastrous crash. When we lose our focus on the things of God and become distracted, we can quickly lose our way. If we do not keep our vision clear, we can quickly lose our positive influence for the Kingdom of God.

Application

- Ask: What has my attention, God’s kingdom or the world’s glitz?
- Take one practical step to “clean the windshield” this week by removing a distraction that clouds your focus.