

Ephesians 1 – Our Blessings in Christ

Day 1 – Every Spiritual Blessing

Scripture

Ephesians 1:3 – “Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ.”

Reflection

Paul opens his letter to the Ephesians with praise, not for what we hope to receive, but for what we already have in Christ. These blessings are not temporary or material, they are spiritual and eternal. Through Christ we have forgiveness, adoption, peace, and the indwelling presence of the Holy Spirit. We are not waiting to be blessed; we are already blessed beyond measure. The key is learning to live in the reality of those blessings each day.

Illustration

A man once discovered a forgotten inheritance left to him years earlier. For years he lived in poverty, unaware that he already possessed great wealth. Many believers live the same way, unaware of the riches they already have in Christ.

Application

Today, take time to thank God for what you already have in Him. Instead of asking for more, pause to praise Him for the blessings of salvation, grace, peace, and His abiding presence. Live today with gratitude and confidence, knowing you are already fully blessed in Christ.