

Day 1 — Remember Where You Came From

Scripture:

“Remember that you were at that time separate from Christ... having no hope and without God in the world. But now in Christ Jesus you who formerly were far off have been brought near by the blood of Christ.” (Ephesians 2:12–13)

Reflection:

Paul calls believers to pause and remember life before Jesus. We were spiritually dead, far off, without hope, and outside the covenant promises. Remembering is not to shame us but to restore humility and gratitude. When we forget our past, we begin to look down on others. When we remember, we treat every person as someone Christ can redeem.

Illustration:

A man once created a shadowbox labeled “Before Christ” with items reminding him of where God brought him from: an old photo, a bar wristband, and a court document. He placed it where he saw it often, not to glorify sin, but to remember grace.

Application:

Where has God brought you from?

Who in your life needs to hear your story of grace?

End your day thanking Jesus for bringing you near.