

Day 1 – Faith That Grows

Scripture: Ephesians 1:15–16

“For this reason I too, having heard of the faith in the Lord Jesus which exists among you and your love for all the saints, do not cease giving thanks for you, while making mention of you in my prayers.”

Reflection:

Paul’s first response to the faith of the Ephesians was thanksgiving. True faith in Christ always produces visible fruit: love for others, perseverance, gratitude, and service. When faith is alive, people notice change. Growth in Christ is not instant but evident, shaping our character and relationships over time.

Illustration:

When a tree is healthy, growth may be slow but steady rings form year by year, unseen beneath the bark. In the same way, the Spirit molds and shapes us over time. Spiritual growth is not an overnight process but a slow and steady walk with God that grows stronger and sweeter by the day.

Application:

Who can you thank God for this week because of their visible faith and love? Take time to encourage them with a word, note, or prayer. Gratitude strengthens faith, both yours and theirs.