

Leaving the Old Life Behind

Scripture

Ephesians 5:3–7

Reflection

Paul explains that the believer's life should no longer be marked by sin. This does not mean perfection, but it does mean direction. Grace does not excuse sin; it empowers transformation. Choosing Christ means turning away from old patterns that once defined us.

Illustration

When someone changes teams, they stop wearing the old uniform. A new identity brings new patterns of living.

Application

- What habits or attitudes still try to define your walk?
- Are you struggling against sin or surrendering to it?

Prayer

Lord, help me put off the old ways that no longer reflect who I am in You. Give me strength to repent and grow. Amen.