

# The Lord

## Scripture

*"The Lord is my shepherd."  
Psalm 23:1*

## Reflection

David begins Psalm 23 by declaring who his Shepherd is. He does not place his confidence in an unnamed spiritual force, human wisdom, or his own strength. His Shepherd is the Lord, Yahweh, the Creator and ruler of all things.

This is the same God David trusted when he faced Goliath, sought direction in difficult seasons, and worshiped before the ark of the covenant. David's confidence rested in the character and power of God.

The One who shepherds us is not weak, distant, or uncertain. He is the sovereign Lord of the universe. He possesses all wisdom, all power, and all authority. Because the Lord is our Shepherd, we can trust that He is able to guide us, protect us, and provide what we truly need.

## Illustration

A frightened child may feel completely overwhelmed in a dark room. Yet the moment a trusted parent walks in and takes the child's hand, the room has not changed, but the child's confidence has. The child feels secure because of who is now present.

In the same way, our circumstances may not immediately change, but everything looks different when we remember who our Shepherd is.

## Application

Consider the concern that is weighing most heavily on you today. Instead of focusing only on the size of the problem, focus on the greatness of the Lord.

Remind yourself that the God who created all things is personally involved in your life. Entrust your fear, decision, or burden to Him and choose to follow His direction.

## Prayer

Lord, You are the Creator, ruler, and sustainer of all things. Forgive me for placing more confidence in my own strength than in You. Help me remember that You are able to guide, protect, and provide for me. Teach me to trust You as my Shepherd today. Amen.