

Search Me, O God

Scripture

*"Search me, O God, and know my heart; try me and know my anxious thoughts."
Psalm 139:23*

Reflection

A shepherd used the rod to inspect the sheep closely. A thick coat of wool might hide cuts, wounds, or parasites that could not be seen from the outside.

The Word of God has a similar role in our lives. Scripture exposes what may be hidden beneath the surface.

We may look spiritually healthy to others while carrying attitudes, habits, or sins that need attention. God's Word reveals those areas so they can be addressed.

This kind of examination is not meant to shame us. It is part of the Shepherd's care.

Illustration

A medical scan may reveal a problem that cannot be seen from the outside.

The discovery may be uncomfortable, but it makes healing possible.

Application

Read a passage of Scripture slowly today and ask God to examine your heart.

Be willing to confess whatever His Word reveals.

Do not resist conviction. Receive it as evidence of the Shepherd's care.

Prayer

Lord, search my heart and reveal what needs to change. Use Your Word to uncover sin, weakness, and unhealthy attitudes. Give me humility to repent and respond to You. Amen.