

Steadying Our Steps

Scripture

*"He restores my soul."
Psalm 23:3*

Reflection

When the shepherd restores a cast sheep, he does more than turn it over. He stands beside it, steadies it, and helps it regain strength before allowing it to move forward.

Believers sometimes need the same kind of restoration. Spiritual laziness, distraction, sin, or neglect can slowly weaken our walk with God. We may stop worshiping faithfully, serving willingly, praying consistently, or listening carefully to His Word.

The Good Shepherd does not abandon His sheep when they stumble. He convicts, corrects, strengthens, and guides them. His correction may be uncomfortable, but it is an expression of His love.

Restoration often requires patience. We may want to move forward immediately, but God may first need to steady us, reshape our priorities, and rebuild our spiritual strength.

Illustration

After an injury, an athlete may be able to stand before being ready to run. Rehabilitation requires careful strengthening so that another fall does not occur.

God often restores us gradually, strengthening our faith and teaching us to walk closely with Him again.

Application

Identify one area where your relationship with God has become weak or neglected.

Take one specific step toward restoration today. Return to prayer, worship, Scripture, service, or accountability with another believer.

Prayer

Good Shepherd, thank You for not abandoning me when I stumble. Correct what needs to change, steady my steps, and renew my strength. Help me return to faithful fellowship and obedience. Amen.