

When We Cannot Get Up

Scripture

"He restores my soul."

Psalm 23:3

Reflection

A cast sheep is one that has fallen onto its back and cannot get up by itself. The longer it remains there, the greater the danger becomes. No matter how hard it struggles, the sheep needs the shepherd to come, turn it over, steady it, and help it regain its footing.

This picture reflects our spiritual condition apart from Christ. Sin leaves us helpless to make ourselves right with God. We may try to improve ourselves, excuse our failures, or work harder, but we cannot rescue ourselves from our lost condition.

Jesus Christ is the Shepherd who comes to save. Through His death and resurrection, He provides forgiveness, new life, and restoration. Salvation begins when we recognize our helpless condition and turn to Him in faith.

Illustration

A person trapped in deep mud may struggle harder and sink farther. Rescue comes only when someone standing on solid ground reaches down and pulls the person free.

Jesus is not trapped in our sin with us. He stands able and willing to rescue those who call upon Him.

Application

Consider whether you have personally trusted Jesus Christ to save you from sin.

Do not rely upon good works, religious activity, or personal effort. Place your faith in Christ and thank Him for doing what you could never do for yourself.

Prayer

Lord Jesus, I confess that I cannot save myself. Thank You for coming to rescue me from sin and give me new life. Help me trust completely in Your grace and rest in the salvation You provide. Amen.