

Mark 2:23-28

One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. The Pharisees said to him, "Look, why are they doing what is unlawful on the Sabbath?" He answered, "Have you never read what David did when he and his companions were hungry and in need? In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions." Then he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath."



Sabbath is a pointer, not the point.

The First Day Off

Genesis 2:2 | By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the day and made it holy, because on it he rested from all the work of creating he had done.



The Forever Day Off

Exodus | Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God.

1 Samuel 21

David went to Nob, to Ahimelek the priest. Ahimelek trembled when he met him, and asked, "Why are you alone? Why is no one with you?" David answered Ahimelek the priest, "The king sent me on a mission and said to me, 'No one is to know anything about the mission I am sending you on.' As for my men, I have told them to meet me at a certain place. Now then, what do you have on hand? Give me five loaves of bread, or whatever you can find." But the priest answered David, "I don't have any ordinary bread on hand; however, there is some consecrated bread here... So the priest gave him the consecrated bread, since there was no bread there except the bread of the Presence that had been removed from before the Lord and replaced by hot bread on the day it was taken away. [™] Gospel of Mark

Mark 2:27

"The Sabbath was made for man, not man for the Sabbath"



For You

"Made for you"



For You

"Made for you"

- Specifically tailored to you, custom
- Meets your needs, a perfect fit
- A gift
- For you to use/do/wear/enjoy
- Has a special significance because of the source





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Mark 3

Another time Jesus went into the synagogue, and a man with a shriveled hand was there. Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. Jesus said to the man with the shriveled hand, "Stand up in front of everyone."

Then Jesus asked them, "Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?" But they remained silent. He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, "Stretch out your hand." He stretched it out, and his hand was completely restored.

™ Gospel of Mark