

THE

# Gospel of Mark



will be those who...  
...oves father or mother more than  
...an me, and whoever loves son or  
...it take his cross and follow me. <sup>38</sup> And  
...c. <sup>39</sup> Whoever finds his life loses it.  
...loses his life for my sake will find it.

Son of God

Messiah

The King

MARK

Jesus \* arrived from...  
...ng to John, to be baptized by...  
...ried to prevent Him, saying, "I  
...to be baptized by You, and do You  
...e?" <sup>15</sup> But Jesus answering said to  
...mit it at this time, for in this way  
...for to fulfill all righteousness.  
...permitted Him. After...  
...s came up immediately from the  
...nd behold, the heavens were open  
...saw the Spirit of God descending  
...nd lighting on Him. <sup>17</sup> Then



## Mark 7:1-5

The Pharisees and some of the teachers of the law who had come from Jerusalem gathered around Jesus and saw some of his disciples eating food with hands that were defiled, that is, unwashed. (The Pharisees and all the Jews do not eat unless they give their hands a ceremonial washing, holding to the tradition of the elders. When they come from the marketplace they do not eat unless they wash. And they observe many other traditions, such as the washing of cups, pitchers and kettles.) So the Pharisees and teachers of the law asked Jesus, “Why don’t your disciples live according to the tradition of the elders instead of eating their food with defiled hands?”



## Mark 7:6-8

He replied, “Isaiah was right when he prophesied about you hypocrites; as it is written:

‘These people honor me with their lips,  
but their hearts are far from me.

They worship me in vain;  
their teachings are merely human rules.’

You have let go of the commands of God and are holding on to human traditions.”



## Mark 7:9-13

And he continued, “You have a fine way of setting aside the commands of God in order to observe your own traditions! For Moses said, ‘Honor your father and mother,’ and, ‘Anyone who curses their father or mother is to be put to death.’ But you say that if anyone declares that what might have been used to help their father or mother is Corban (that is, devoted to God)— then you no longer let them do anything for their father or mother. Thus you nullify the word of God by your tradition that you have handed down. And you do many things like that.”



## Mark 7:14-15

Again Jesus called the crowd to him and said, “Listen to me, everyone, and understand this. Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them.”



## Colossians 2:16-17

Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.



## Colossians 2:20-23

Since you died with Christ to the elemental spiritual forces of this world, why, as though you still belonged to the world, do you submit to its rules: “Do not handle! Do not taste! Do not touch!”? These rules, which have to do with things that are all destined to perish with use, are based on merely human commands and teachings. Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.



# Colossians 3:1

Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things.



Hebrews 12:2 | Fixing our eyes on Jesus, the pioneer and perfecter of faith

Matthew 6:33 | But seek first his kingdom and his righteousness, and all these things will be given to you as well

Psalm 34:5 | Those who look to him are radiant

Micah 7:7 | But as for me, I will look to the Lord; I will wait for the God of my salvation

Colossians 2:6 | And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him

## Galatians 6:4-5

You should each judge your own conduct. If it is good, then you can be proud of what you yourself have done, without having to compare it with what someone else has done. For each of you have to carry your own load.

