

Fact vs. Fiction

Kids begin to recognize the difference between *reality* and *fiction* somewhere between **3 and 5 years old**. Your child likely already practices discernment on a daily basis through pretend play, stories, telling jokes, and what they learn at school.

Asking questions and sorting out what is true is a normal and healthy part of how kids grow.



Read Psalm 19:1-4

Psalm 19 is a wisdom psalm. These psalms guide us in how God wants us to live. David celebrates how God reveals Himself through both nature and His Word.



Read Psalm 19:7

The Bible helps us understand who God is and teaches us what is true about Him. God is good and His law truly is perfect. God gave us His law to show us how to live.

ELEMENTARY GLOSSARY

Fiction: a made-up story that comes from an author's imagination

Wisdom: understanding a situation and knowing what to do

DISCUSS: What is the difference between fact and fiction?

DISCUSS: When you watch videos or tv, what makes it hard to determine what is true and what is fiction?

DISCUSS: What do you think God has to say about that?

SAY: Sometimes it can be hard to know what to trust when we get so much information from so many different places. How do we know fact from fiction? Having questions like this is okay. God wants us to bring our questions to Him. By asking questions and finding the answers together, we can help each other be strong in our relationship with God. The Bible, God's Word, is one long, true story about the world. Reading God's Word helps us understand who God is and teaches us what is true about Him, about our world, and about ourselves.



PRAY

God, you are good and we need your wisdom every day. Teach us today how to trust you more and to let your truth guide us. Amen.