

Loneliness

At times, everyone experiences loneliness. For kids, it may be that their friends are playing without them, they are the new kid, or that it seems they are alone in feeling a certain way. Loneliness can make us wonder, “Does anyone see me?”

Remind your child that God is always near and He wants us to draw near to Him. He loves us, cares for us, guides us, protects us, and comforts us.



Read Psalm 23:1-3

David wrote Psalm 23 as a psalm of trust, comparing God to a shepherd taking care of his sheep. A good shepherd stays with the sheep. They don't have to know the way because they stay close to the shepherd.



Read Psalm 23:4-6

David says, “Even though I walk through the darkest valley...” He knows hard times will come, but David has no fear because he knows the Lord will always be with him.

THE GOOD SHEPHERD

“I am the Good Shepherd. The Good Shepherd lays down His life for the sheep.”

John 10:11

DISCUSS: Have you ever felt lonely? Tell me about that.

DISCUSS: Who can you talk to when you feel lonely?

DISCUSS: What do you think God has to say about that?

SAY: Imagine walking through a dark hallway. The hallway is still dark, but your mom or dad or grand-parent is holding your hand. Now you can go through without fear. Their presence doesn't turn on the lights—it changes how you walk through the darkness. That's what Jesus does. He doesn't tell us that everything will be perfect, but He does promise to be with us. God sees you and cares about you. Jesus loves you so much that he went to the cross to make a way for you and everyone who follows Him to be with God forever.



PRAY

God, you are with us, care for us, and provide for our every need because of Your great love. Thank you for being our Good Shepherd. Amen.