



Discipleship Group Starter Guide

YOU ARE ABOUT TO ENTER AN EXCITING SEASON OF ACCELERATED SPIRITUAL TRANSFORMATION.

The Discipleship Group environment encourages us to engage with God's Word and His people in a way that most of us never have before. As His Spirit works in our lives, it creates a passion to help others experience the same thing.

We want your Discipleship Group to start off strong. The Discipleship Group Starter Guide can help your group do just that! We would encourage each group to use the guide through the first four weeks of meetings. This is not a requirement by any means! Just a suggestion.

WEEK 1: GOALS & EXPECTATIONS

In your first meeting, you will talk about your goals and expectations for the group. Talk about spiritual goals, what you want out of this group and why you joined, and figure out meeting schedule. Don't be afraid to set the tone!

WEEK 2: SHARE YOUR STORY

Before you look forward, spend time getting to know the stories of those in your group. The trust and empathy you develop by hearing each other's stories will increase the impact this group will have on your life.

WEEK 3: INTRODUCING H.E.A.R JOURNALS & DISCIPLINES

In the third week, you will begin to get into the rhythm of the three weekly disciplines (bible engagement, accountability questions and prayer) and start diving into your H.E.A.R Journals. You will learn what H.E.A.R is and why journaling is crucial.

WEEK 4: INTRODUCING ACCOUNTABILITY & PRAYER

During the fourth week, you will continue your weekly rhythm through the disciplines while also introducing your second accountability question and explaining how you will pray for one another.

Example Discipleship Group Meeting

FELLOWSHIP: 10 MINUTES

Spend the first ten minutes catching up. If you want, you can be more structured in this time and have each person share his or her "high" and "low" of the week.



SCRIPTURE MEMORY: 5-10 MINUTES (This is just an option)

After everyone quotes the week's memory verse, ask, "As you meditated on this verse, what stood out to you?" We want to hide God's Word in our heart, not just be able to recite it.

BIBLE READING AND H.E.A.R. JOURNALS: 25-35 MINUTES

As you share H.E.A.R. Journals, a great question to ask is, "Which of your H.E.A.R. Journals stood out the most to you this week and what are you doing about it?"

ACCOUNTABILITY: 10-25 MINUTES

In addition to our H.E.A.R. Journal question, choose a few accountability questions to discuss with your group.

PRAYER: 5-10 MINUTES

Finish the time by having each person share something specific and personal the group can pray for.

Accountability Questions

1. What Scripture is currently shaping me?
2. What has my attention, thoughts, and energy?
3. Which relationships am I currently investing in?
4. Have you damaged another person by your words?
5. Who am I helping take one step closer to Jesus?
6. Is there any hidden sin pattern in my life right now that needs to be surrendered?
7. How am I living out my God-given calling?
8. How am I leaving a legacy that matters? Have you told any lies or half-truths this week?
9. How are my finances? Is my heart in the right place when it comes to money?
10. How is my marriage?