

Day 2 Bible Story:

Jesus Calms the Storm

For the Leader:

Bible Story: Jesus Calms the Storm, taken from Mark 4:35-41

In this story, we will hear about a time that Jesus calmed a storm while He and His disciples were in a boat. The friends were so scared, but Jesus' power pulled them through! We can put our hope in Jesus too!

Activity: After the story, you will get to "sail" a boat through your own "storm." It only takes a few simple supplies:

Supplies:

- Shallow plate or dish with a small lip, preferably white or other solid color
- Dry erase marker
- Straw
- Water

Bible Verse: Psalm 31:24 "So be strong and courageous, all you who put your hope in the Lord!"

Before the Story:

Collect your activity supplies and have them ready to go at the end of the story. You may want one plate or dish and straw for each child.

Say:

Wow! What about those bubbles in the video?! That was so cool. You never really know what bubbles will do, but one thing is for sure – they are fun and can really be relaxing! Playing with bubbles can take your stress, anxiety, and fear away just like that! Have you ever been scared? Of course you have! Me too! Lots of things are scary. Let's see...there's spiders...and snakes...and being sick...and *storms*. Definitely storms can be scary, right? Thunder, lightning, winds, rain...sometimes it even wakes me up in the middle of the night! I have a story for you today about a storm that had some grown-up men *really* frightened.

Today's Bible story comes from chapter 4 in the book of Mark. Let me set the scene for you. Crowds of people would gather around Jesus and His friends just to hear what Jesus had to say. People were drawn to Jesus and His message. He had spent all day preaching and was so tired! Sometimes after a long day, you just need a break, right? Well, Jesus was no different. He and the disciples, His close friends, decided to get into a boat and sail across the sea. His friends were fisherman, so they were very good at sailing and definitely used to being in a boat. They climbed in and headed out, leaving the crowds

behind them. Jesus was so tired, that He laid down in the back of the boat and fell fast asleep. What a perfect, calm evening for a relaxing sail! They were only about halfway across the sea when all of the sudden a storm came upon them! The winds swirled around them, and the waves splashed higher and higher up the boat, throwing it back and forth in the water. Then, CRACK! The lightning hit. And BOOM! The thunder roared overhead. The poor little fishing boat was tossed around by the storm in the sea. Water was coming on board, and the disciples were scared! These were expert fisherman and were used to sailing in the open waters, and yet this storm *really scared* them. They couldn't handle the boat on their own. They needed help!

They rushed to the back of the boat where they found Jesus still sleeping soundly, not concerned about the storm raging around Him. The disciples woke Him up. "Jesus!" they said, "Don't you care if we drown?" They were truly panicked as they had done all they could think of on their own to survive this storm. Jesus calmly got up, and took control of the situation. He ordered the wind to stop, and to the waves He said: "Quiet! Be Still!" Immediately, the wind stopped howling and the waves ceased their slamming on the side of the boat. The waters calmed and the storm was gone. The fishing boat sat quietly on the water once again. Jesus turned to His friends and asked, "Why are you so afraid? Don't you have any faith at all yet?" The disciples stood there astonished. They asked each other, "Who is this? Even the wind and the waves obey Him!" They were terrified, but not of the storm anymore. They now realized that they were truly in the presence of God. The same God who spoke the waters, wind and waves into existence, stood before them and calmed His own creation. Jesus' power pulled them through! What an amazing story of hope and rescue. In the storms of our own lives, it is so calming and reassuring to know that [Jesus' Power Pulls Us Through!](#)

Pray:

Heavenly Father, we are so humbled by Your awesome power. In the midst of chaos and the storms of life, help us to remember that You are in control. Thank you for giving us hope through the hard times. In Jesus' name, Amen.

Say:

Now, who wants to see a really cool trick? We are going to make our own boats in a storm! *(Set up this activity by giving each person a dry plate or dish. Using the dry erase marker, draw a boat directly on the plate. Don't worry, it comes off and does not harm your dish at all! After you have drawn the boat, pour water over the top of it until it is covered. Give it a few seconds and you'll see the boat start to lift off of the plate. If it needs a little encouragement, take your straw and blow on it gently. Once it is completely lifted, show the kids how you can blow it around the plate like a storm!)*

