

Day 4 Game:

Up and Over

Supplies:

From Day 1:
*3 Pool Noodles

Say: Today we are talking a lot about *forever* and remembering that **Jesus' Power Pulls Us Through!** Living forever sounds pretty impossible, right? Impossible for us on our own, but *not* impossible with Jesus! We have limits, but Jesus does not. And the best part about that? Jesus offers us this

gift of forever absolutely *free!* All we have to do is ask and believe. Speaking of impossible, today's game may *seem* impossible, but believe me, we can do it! We are going to move these pool noodles from one place to another by picking them up, but we can't use our hands! Impossible? No way!

1. Have everyone spread out and lie down on the ground in a line where one person's head rests just a few inches away from the next person's feet.
2. Lay 3 pool noodles near the feet of the person whose feet are at the end of the line.
3. The person near the pool noodles picks them up *using only his or her feet*.
4. Then that person lifts his or her legs toward his or her head to pass the pool noodle to the feet of the person lying above in line.
5. Continue passing this way until all the pool noodles are moved to the other end of the line.
6. Pool noodles that fall to the ground during a pass go back to the beginning of the line to start over.
7. For a game with fewer participants, try having the first player pass to the next, and then jump up and run down and join the line further down. Continue this with each participant until you reach where the "end" of the line should be. Maybe you go from one end of the yard to the other, or all the way down a hallway. You choose!

